Cathryn Glanton Holzhauer, Ph.D. (Cassie)

Associate Professor | University of Connecticut School of Medicine | Department of Psychiatry

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EDUCATION

University of Rochester, Rochester New York 2005
B.A. Psychology

New York University 2008
M.A. General Psychology with Specialization in Psychopathology

University at Albany, State University of New York 2015
Ph.D. Clinical Psychology
APA-Accredited Predoctoral Psychology Internship, University of Rochester Medical Center

POSTDOCTORAL TRAINING

University of Massachusetts Medical School 2015-2017
Department of Psychiatry, Division of Addiction Psychiatry

POSITIONS AND APPOINTMENTS

Associate Professor 2023-Present
University of Connecticut School of Medicine
Department of Psychiatry, Alcohol Research Center

Research Psychologist 2017-2024
VA Central Western Massachusetts Healthcare System
Division of Research and Education
(WOC employee 2024-present)

Assistant Professor 2018-2023
University of Massachusetts Medical School
Division of Addiction Psychiatry & Addiction Center of Excellence, Dept of Psychiatry

Center for Motivation and Change 2020-2023
Research Psychologist/Consultant

Adjunct Professor 2015-2017
Assumption College
Department of Psychology, MA Program in Clinical Counseling Psychology

PROFESSIONAL LICENSE

Licensed Psychologist (#4889) 2024-Present
Connecticut Department of Public Health (Granted September 26, 2024)

Licensed Clinical Psychologist and Health Service Provider (#10672) 2017-Present
Massachusetts Board of Psychology (Granted August 29, 2017)

RESEARCH GRANTS

CURRENT:

P50AA027055 (Steffens, Holzhauer, MPIs) 10/01/2023-05/31/2024
NIH/NIAAA $1,331,601 0.96 CM
Alcohol Research Center (ARC): Etiology and Treatment of Alcohol Dependence
University of Connecticut Alcohol Research Center supports research programs on vulnerability to alcohol dependence and promising biological and psychosocial treatment interventions.

Role: Co-Principal Investigator

U10AA008401 (Porjesz, Agrawal, Hesselbrock, MPIs) 10/01/2023-05/31/2024
NIH/NIAAA $5,905,584 0.6 CM
Collaborative Study on the Genetics of Alcoholism (COGA)
Studies the contributions and interactions of genetic, neurobiological, and social-environmental influences on the course of AUD, remission, and recurrence over the lifespan.
Role: Co-Investigator

R01AA028240 (Epstein, Smelson, Holzhauer, MPIs) 2/8/2021-2/7/2026
NIH/NIAAA $3,638,940 0.96 CM
A Female-Specific Cognitive Behavioral Therapy Group for AUD in VA Primary Care Settings
Randomized clinical trial to test a female-Veteran-centric adapted CBT group therapy for AUD and other health behaviors located in VA Primary Care setting.
Role: Co-Principal Investigator

IK2CX001951 (Holzhauer, PI) 10/01/2019 – 09/30/2024
DVA/CSR&D $820,692 8 CM
Understanding and Targeting Stress Reactivity in Women Veterans with Alcohol Misuse
The goal of this career development award (CDA) is for the grantee's development as an independent women's health researcher with expertise in stress-related disorders including Alcohol Use Disorder.
Role: Principal Investigator

DEI SRP-019-22S (Mattocks, PI) 05/01/2024-09/30/2026
DVA HSR&D $145,830
VA Diversity & Equity Inclusion Summer Research Training Program on Women's Health
The summer research training program is intended to train a new generation of students from diverse backgrounds on research and research careers in Women's Health in the VA.
Role: Program Faculty

COMPLETED:

CX001951 (Holzhauer, PI) 05/19/2021 – 09/30/2024
DVA CSR&D $18,862
Supplemental Award: Understanding and Targeting Stress Reactivity in Women Veterans with Alcohol Misuse
This supplemental funding was provided to add a subset of women veterans to the existing CDA-2 project, to increase overall sample size and increase generalizability of findings.
Role: Principal Investigator

DVA/VISN 1 VA MIRECC (Holzhauer, PI) 10/01/2021-9/30/2023
New England MIRECC Pilot Program $10,000
A Pilot Laboratory Study of Progesterone's Effects on Alcohol Craving and Stress Reactivity among Trauma-Exposed Women Veterans with AUD
The goal of this double-blind, placebo-controlled project is to collect pilot data on the effects of exogenous oral micronized progesterone on stress reactivity among women veterans with AUD and histories of trauma exposure. Study aims examine exogenous progesterone's effects on cortisol response to stress induction.
Role: Principal Investigator

DVA/VISN 1 New England VA MIRECC (Holzhauer, PI) 10/01/2018-9/30/2019
New England MIRECC Pilot Program $5,000
Exploring Gender Differences: Emotion Dysregulation as a Therapeutic Target among Veterans with Alcohol Misuse

The goal of this project is to collect pilot data on gender differences in the effect of negative emotion on inhibitory control and craving for alcohol, and the proximal effect of an emotion regulation strategy on this effect, among Veterans with alcohol misuse.
Role: Principal Investigator

DVA/VISN 1 New England CDA (Holzhauer, PI) 10/15/2017-9/30/2019
VISN 1 Career Development Award Salary Support
Emotion Dysregulation as a Therapeutic Target among Women Veterans with Alcohol Misuse
The research in this 2-year Career Development Award (CDA) examined the effect of negative emotion on inhibitory control and craving for alcohol, and the proximal effect of an emotion regulation strategy on this effect, among women Veterans with alcohol misuse.
Role: Principal Investigator

NIH/NIAAA (Epstein/DiGirolamo, Co-PIs) 09/01/2018-08/31/2020
R21AA025488 $439,687
Effects of CBT Microinterventions on Mechanisms of Change among Adults with AUD: Using Eye Tracking to Measure Pre-Post Cognitive Control, Stimulus Salience and Craving
The goal of this project is to conduct a translational, team science pilot randomized control trial of 1-session cognitive behavioral microinterventions, testing effect of the microintervention on hypothesized cognitive neuroscience mechanisms of change (cognitive control, stimulus salience, and craving arousal).
Role: Co-Investigator

NIH/NIAAA (Holzhauer, PI) 07/01/2016 – 06/30/2018
L30AA025236
Emotion and Cognitive Regulation in Gender-Specific Treatment of AUDs
Funded by the loan repayment program, this project provided support for the PI while conducting research that tested the efficacy of a cognitive emotion regulation strategy in ameliorating the deleterious effect of negative emotion on behavioral control in women with alcohol misuse.
Role: Principal Investigator

NIH/NIAAA (Epstein/Smelson, Co-PIs) 04/01/2015-03/30/2018
R34AA023589 $757,522
Testing A Couple-based Program for Alcohol Risk Reduction in the National Guard
Developed and tested a couple skills-based indicated secondary prevention protocol targeting hazardous drinking National Guard members. In-person delivery and an analogue telehealth delivery platform were delivered.
Role: Co-Investigator

NIH/NIAAA (Epstein/Smelson, Co-PIs) 05/15/2014-04/30/2017
R34 AA023027 $739,624
Adapting Alcohol Behavioral Couple Therapy for Service Members in Post-Deployment
Developed and tested a military-centric couple/significant other protocol to treat alcohol use disorders among active-duty service members.
Role: Co-Investigator

PEER-REVIEWED PUBLICATIONS

Italicized names in presentations and publications are trainees/mentees

Steffens, D. C., Wang, L., Manning, K. J., & **Holzhauer, C. G.** (2024). Alcohol Use Disorder in Older Adults: A Review of Recent Literature on Epidemiology, Cognitive Outcomes, and Neuroimaging Findings and Treatment. *The American Journal of Geriatric Psychiatry: Open Science, Education, and Practice*.

Holzhauer, C.G., *Sherill, A., Musicaro, R.M. & Ellis, R.A.* (2024). The Role of Emotion Dysregulation in Heightened Alcohol Craving Related to Posttraumatic Stress Disorder and Depression Symptoms. *Substance Use and Misuse, 59*(6), 874-885.

Braun, T.D., Bhuptani, P.H, O'Keefe, B., Abrantes, A., & **Holzhauer, C.G.** (2023). Mindful Self-Compassion for Veteran Women with a History of Military Sexual Trauma: Feasibility, Acceptability, Potential Benefits, and Considerations. *European Journal of Psychotraumatology. In press.*

Holzhauer, C.G., Epstein, E.E., *Bickar, L., Ellis, R.A.*, Pole, N., Sofuoglu, M., Smelson, D.A., & Mattocks, K. (2022). Pilot Examination of Stress, Heart Rate Variability, and Alcohol Craving and Use among Female Veterans. *Frontiers in Psychiatry, Special Issue: Integrated Cardiovascular and Neural System Processes as Potential Mechanisms of Behavior Change, 13, 886801. doi: 10.3389/fpsyt.2022.886801*

Holzhauer, C.G., Duberstein, P.R., Ward, E., & Talbot, N. (2022). Reducing PTSD Symptom Severity among Depressed Women with Childhood Sexual Abuse Histories in Interpersonal Psychotherapy-Trauma: The Role of Improved Social Functioning. *Psychological Trauma: Theory, Research, Practice, & Policy.*

Hallgren, K.A., **Holzhauer, C.G**., Epstein, E.E., McCrady, B.S. (2021). Optimizing the length and reliability of measures of mechanisms of change to support measurement-based care in alcohol use disorder treatment. *Journal of Consulting and Clinical Psychology, 89*(4), 277-287.

Holzhauer, C.G., Kroll-Desrosiers, A., Kinney, R., Copeland, L., Bastian, L., & Mattocks, K. (2021). Prenatal stress and postpartum alcohol misuse among women veterans, with and without PTSD. *Women's Health Issues, 31(6), 596-602.*

Holzhauer, C.G., Epstein, E.E., Smelson, D.A., & Mattocks, K. (2021). Cognitive Reappraisal to target women veteran's alcohol misuse: Mechanisms and moderators of change. *Journal of Substance Abuse Treatment, 130,* 108-408.

Kroll-Desrosiers, A., **Holzhauer, C.G.**, Russo, L., DeRycke, E.C., Kinney, R.L, Bastian, L.A., & Mattocks, K.M. (2021). Factors associated with quitting smoking during early pregnancy among women veterans. *Women's Health Issues, 31*(4), 408-413.

Braun, T., Uebelacker, L.A., Ward, M., **Holzhauer, C.G.**, McCallister, K., & Abrantes, A. (2021). "We Really Need This": Trauma-Informed Yoga for Veteran Women with a history of Military Sexual Trauma. *Complementary Therapies in Medicine, 59,* 102729.

Holzhauer, C.G., Cucciare, M., & Epstein, E.E. (2020). Sex and Gender Effects in Recovery for Alcohol Use Disorder. *Alcohol Research: Current Reviews, 40*(3).

Holzhauer, C.G., Hildebrandt, T., Epstein, E.E., McCrady, B.S., Hallgren, K.A., & Cook, S. (2020). Mechanisms of change in female-specific and gender-neutral cognitive behavioral therapy for women with Alcohol Use Disorder. *Journal of Consulting and Clinical Psychology, 88*(6), 541-553.

Hayaki, J., **Holzhauer, C.G.,** Epstein, E.E., Cook, S., Gaba, A., & McCrady, B.S. (2020). Menstrual cycle phase, alcohol consumption, alcohol cravings, and mood among women in treatment for alcohol use disorder. *Psychology of Addictive Behaviors, 34*(6), 680–689.

Holzhauer, C.G., Wemm, S.E., Wulfert, E., & Cao, Z. (2020). Fluctuations in progesterone moderate the relationship between daily mood and alcohol use in young adult women. *Addictive Behaviors, 101,* 106-146.

Holzhauer, C.G., Byrne, T., Simmons, M., Smelson, D.A., & Epstein, E.E. (2019). Profiles of clinical need among homeless individuals with dual diagnoses. *Community Mental Health Journal, 55*(8), 1305-1312.

Epstein, E.E., McCrady, B.S., Hallgren, K.A., Gaba, A., Cook, S., Jensen, N., Hildebrandt, T., **Holzhauer, C.G.,** & Litt, M.D. (2018). Individual versus group female-specific cognitive behavioral therapy for alcohol use disorder. *Journal of Substance Abuse Treatment, 88*, 27-43.

Wemm, S.E., Ernestus, S., **Holzhauer, C.G.,** Vaysman, R., Wulfert, E., & Israel, A.C. (2018). Internalizing risk factors of undergraduate alcohol use: a person-centered analysis. *Substance Use and Misuse, 53*(4), 629-640.

Holzhauer, C.G., & Gamble, S.A. (2017). Depressive symptoms mediate the relationship between changes in emotion regulation during treatment and abstinence among women with alcohol use disorders. *Psychology of Addictive Behaviors, 31*(3), 284-294.

Holzhauer, C.G., Epstein, E.E., Hayaki, J., Marinchak, J.S., McCrady, B.S., & Cook, S.M. (2017). Moderators of sudden gains after sessions addressing emotion regulation among women in treatment for alcohol use. *Journal of Substance Abuse Treatment, 83,* 1-9.

Holzhauer, C.G., Wemm, S.E., & Wulfert, E. (2017). Distress tolerance and low physiological reactivity to stress interact to predict problematic alcohol use in young adult women. *Experimental and Clinical Psychopharmacology, 25*(3), 156-165.

Holzhauer, C.G., Epstein, E.E., Cohn, A.M, McCrady, B.S., Graff, F.S., & Cook, S. (2017). Heterogeneity in pathways to abstinence among women in treatment for alcohol use disorder. *Journal of Substance Abuse Treatment, 75,* 1-9.

Holzhauer, C.G., *Zenner, A.*, & Wulfert, E. (2016). Poor body image and alcohol use in women. *Psychology of Addictive Behaviors, 30*(1), 122-127.

Glanton, C.F. & Wulfert, E. (2013). The relationship between parental alcohol use and college students' alcohol-related cognitions. *Addictive Behaviors, 38,* 2761-2767.

Chemerinski, E., Byne, W., Kolaitis, J.C., **Glanton, C.F.**, Canfield, E.L., Newmark, R.E., Haznedar, M.M., Novakovic, V., Chu, K.W., Siever, L.J., & Hazlett, E.A. (2012). Larger putamen size in antipsychotic-naïve individuals with schizotypal personality disorder. *Schizophrenia Research, 143*(1), 158-164.

Hazlett, E.A., Buchsbaum, M.S., Zhang, J., Newmark, R.E., **Glanton, C.F.**, Zelmanova, Y., Haznedar, M.M., Chu, K.W., Nenadic, I., Kemether, E.M., Tang, C.Y., New, A.S., & Siever, L.J. (2008). Frontal-striatal-thalamic mediodorsal nucleus dysfunction in schizophrenia-spectrum patients during sensorimotor gating. *Neuroimage, 42*(3), 1164-1177.

Hazlett, E.A., Buchsbaum, M.S., Haznedar, M.M., Newmark, R.E., Goldstein, K.E., Torosjan, Y., **Glanton, C.F.**, New, A.S., Lo, J.N., Mitropoulou, V., & Siever, L.J. (2008). Cortical gray and white matter volume in unmedicated schizotypal and schizophrenia patients. *Schizophrenia Research, 101*(1-3), 111-123.

BOOK CHAPTERS

McCrady, B. S., Epstein, E. E., & **Holzhauer, C.G.** (2022). Couple therapy in the treatment of alcohol problems. In: D. K. Snyder & J. Lebow (Eds.), Clinical Handbook of Couple Therapy, 6th edition. NY: Guilford Press.

HONORS & AWARDS

2022	Early Career Investigator Award, NIAAA-funded from the Translational Mechanisms of Behavior Change Satellite at the Research Society on Alcoholism Annual Conference
2017	Early Career Psychologist National Register Credentialing Scholarship
2016	NIAAA Research Society on Alcoholism Junior Investigator Award
2016	NIAAA Mechanisms of Behavior Change Travel Award, Research Society on Alcoholism
2016	NIDA Women & Sex/Gender Differences Junior Investigator Award
2015	Commencement Gonfalon Bearer for College of Arts and Sciences, University at Albany
2015	President's Award for Exemplary Public Engagement, Univ at Albany Problem Gambling Research and Treatment Group
2014	Benevolent Association Graduate Research Award, University at Albany
2013	Graduate Initiative Dissertation Award, University at Albany Department of Psychology
2013	Graduate Student Association Professional Development Grant, University at Albany
2007	M.A. Scholar: Designation for superior coursework in New York University's Master's Program
2004, 2005	Dean's List, University of Rochester
2002	Psi Chi, Gettysburg College

PEER-REVIEWED RESEARCH SYMPOSIA & PRESENTATIONS

Holzhauer, C.G. (2023). Affect-Focused Microinterventions and Mechanisms of Behavior Change among Female Veterans with Alcohol Misuse. Early Career Awardee Research Talk, given at the *Translational Mechanisms of Behavior Change Science Annual Satellite Meeting*, Research Society on Alcoholism Conference Bellevue, WA.

Holzhauer, C.G., Epstein, E.E., Wemm, S.E., & Bickar, L. (2022). Examining PTSD as a moderator of the impact of daily affect on alcohol use and craving among women veterans with alcohol misuse. In Dillon, K. (Chair), *Using Ecological Momentary Assessment to Examine Interrelationships between Risk Factors in Trauma-Exposed Samples.* Symposium presented at the 38th annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.

Holzhauer, C.G. & Epstein, E.E. (2022). Gender differences in the effect of stress and cognitive reappraisal on inhibitory control among men and women veterans with AUD. In Wemm, S. & Holzhauer, C.G. (co-Chairs), *The Role of Altered Reward and Stress Processing in Risk for and Maintenance of AUD.* Symposium given at the 45th annual meeting of the Research Society on Alcoholism, Orlando, FL.

Holzhauer, C.G., Epstein, E.E., Smelson, D., McCrady, B.S., Gaba, A., Rosen, R., Starratt, E., Hildebrandt, T., Cook, S., Feldman, B., Walker, J., & Rodolico, J. (2019). Military centric protocol adapted from civilian Alcohol Behavioral Couple Therapy: ABCT_Mil. In Hoeppner, B. (Chair), *Adapting Alcohol Interventions to Specific*

Populations: Factors to Consider and Lessons Learned. Symposium given at 127th annual meeting of the American Psychological Association, Chicago, IL.

Holzhauer, C.G., Epstein, E.E., Smelson, D., & Mattocks, K. (2018). Emotion dysregulation as a therapeutic target among women veterans with alcohol misuse. In Holzhauer, C.G. (Chair), *Using Translational Science to Develop Treatments for Women with Alcohol Use Disorders.* Symposium given at 41st annual meeting of Research Society on Alcoholism, San Diego, CA.

Holzhauer, C.G., & Wulfert, E. (2016). Are greater consequences in polysubstance-using women related to anxiety? In Auriacombe, M. (Chair), *A Beautiful Mind: Co-Morbidities.* Symposium given at 78th annual meeting of the College on Problems of Drug Dependence, Palm Springs, CA.

INVITED LECTURES & PRESENTATIONS

Gender Differences in Alcohol Use Disorder Recovery and Implications for Older Adults (Holzhauer, Sept 2024)
Invited Presentation, Conference on Alcohol Treatment for Older Adults: Knowledge and Future Challenges
Southern Denmark University, Odense Denmark

An Overview of Sex Differences in AUD & their Treatment Implications for Women (Holzhauer, Mar 2024)
Invited Seminar for Lowell P. Weicker, Jr. Clinical Research Center (CRC) Seminar Series
University of Connecticut School of Medicine

Invited Participant: Building the Foundations of Enterprise-Wide VA Women's Health Research to Accelerate Impacts on Evidence-Based Practice and Policy (Washington DC, May 2023)
Department of Veteran Affairs Office of Research & Development (VA ORD)

Speaker: Prevention and Treatment for Special Populations, Senior Women (Epstein, McCrady, Holzhauer, Oct 2022)
Breakout Group Facilitator: Postmenopausal Women
2022 National Conference on Alcohol and Other Substance Use in Women and Girls: Advances in Prevention, Treatment and Recovery
Hosted by NIAAA and the Interagency Work Group on Drinking and Drug Use in Women and Girls, NIAAA and US DHHS

Targeting Women Veteran's Stress-induced Drinking with Cognitive Reappraisal: Mechanisms and Moderators of Change (Holzhauer, Sep & Nov 2022)
Webinar on Emotional Dysregulation and Dual Disorders
Organized by the World Association on Dual Disorders

Career Development Grant Writing Seminar (Holzhauer, March-July 2022)
Department of Veteran Affairs (DVA) VISN 1 (New England) Mental Illness Research Education and Clinical Center
Seminars on Establishing "Fundable Ideas" and Writing a Data Analysis Plan

Trauma-Informed Yoga for Women Veterans (*Braun* & Holzhauer, July 2021)
National Training and Roll-Out Meeting for the Department Veteran Affairs Whole Health Initiative
Women's Health Community of Practice Webinar

Behavior Couple Therapy for Substance Use Disorder (BCT for SUD): Military & Veteran-Centric Protocols (Epstein & Holzhauer, June 2021)
National Monthly Webinar Series on Treatment for Substance Use Disorder (SUD) for Department of Veteran Affairs (VA) Providers

Military Trauma, Substance Use, and Addiction (Holzhauer, March 2020; March 2022)
Invited lectures at Smith College

Women Veterans and Evidence-Based Strategies to Provide Veteran-Responsive Addiction Treatment Services (Holzhauer, June 2019)
Workshop at Massachusetts Department of Public Health "Women Recover!" Conference

Treating Emotion Dysregulation in Women Veterans with Alcohol Use Disorders (Holzhauer, November 2018)
Department of Veteran Affairs National Workgroup on Women Veterans and Substance Use Disorder
Invited Talk at Monthly Workgroup Meeting

Understanding Post-Traumatic Stress Disorder (Holzhauer & Epstein, March 2017)
Project New Hope, A Massachusetts Based Non-for-Profit Organization for Military Veterans
Retreat for Veterans with Posttraumatic Stress Disorder and their Families

Involving the Family in Care for Veterans with Substance Abuse (Holzhauer, October 2016 & 2017)
University of Massachusetts Medical School
Primary Care Residency Program, Treating Military Veterans Training Rotation

PEER-REVIEWED RESEARCH POSTERS

Holzhauer, C.G., *Bickar, L., & Barden, E.* (2024) Examining PTSD as a Moderator of the Impact of Daily Affect on Alcohol Use and Craving among Women with Alcohol Misuse. Poster to be presented at the 40th Annual Scientific Meeting for the International Society for Traumatic Stress Studies (ISTSS), Boston MA.

Holzhauer, C.G., *Bickar, L., Barden, E.,* & Epstein, E.E. (2024) Examining a single session affect regulation microintervention on affect and alcohol use among women with alcohol misuse. Poster presented at the 47th Annual Scientific Meeting for the Research Society on Alcohol, Minneapolis, MN.

Holzhauer, C.G., & *Bickar, L.* (2024) Comparing stress response among pre- and post-menopausal women with Alcohol Use Disorders. Poster presented at the 47th Annual Scientific Meeting for the Research Society on Alcohol, Minneapolis, MN.

Grigorian, H., **Holzhauer, C.G.,** Epstein, E., McCrady, B. (2023). Treatment Response to Female-Specific Cognitive Behavioral Therapy for Alcohol Use Disorder among Senior Women. Poster presented at the 46th Annual Scientific Meeting of the Research Society of Alcohol, Bellevue WA.

Holzhauer, C.G., Bickar, L., & Ellis, R.A. (2022). Pilot examination of progesterone's association with stress-modulated heart rate variability, alcohol craving, and inhibitory control among women veterans. Poster presented at the 45th annual meeting of the Research Society on Alcoholism, Orlando, FL.

Holzhauer, C.G., Epstein, E.E., DiGirolamo, G.J., & Starratt, E. (2021) CBT microinterventions for Alcohol Use Disorder: Gender differences in use of treatment skills and outcome. Poster presented at the Addictive Behaviors SIG at the 55th annual meeting of the Association of Behavioral and Cognitive Therapy, New Orleans, LA (held virtually).

Wemm, S.E., **Holzhauer, C.G.,** Fogelman, N., Harrison, L., Cao, Z., Wulfert, E. (2021). Problem gambling and heavy smoking is associated with decoupling between the HPG and HPA axes. Poster presented at the 55th annual meeting of the Association of Behavioral and Cognitive Therapy, New Orleans, LA (held virtually).

Holzhauer, C.G., Epstein, E.E., Mattocks, K., Smelson, D.A., *Bryant, W., & Sherrill, A.* (2021). Gender differences in the associations between emotion regulation, alcohol craving, and inhibitory control: a lab-based study. Poster presented at the 44th annual meeting of the Research Society on Alcoholism, New Orleans, LA (held virtually).

Epstein, E.E., DiGirolamo, G., *Starratt, E.,* **Holzhauer, C.G.,** McCrady, B.S., Smelson, D.A., Hildebrandt, T., & Gonzalez, G. (2021). Cognitive behavioral microintervention effects on mechanisms of change in drinking: Using eye tracking to measure pre-post cognitive control, stimulus salience, and craving. Poster presented at the 44th annual meeting of the Research Society on Alcoholism, New Orleans, LA (held virtually).

Braun, T.D., Abrantes, A.M., **Holzhauer, C.G.,** Dalrymple, K.L., Green, Z., Ferrand, J., & Papasavas, T.P. (2021). Family history of alcoholism associates with alcohol use through overeating in a pre-bariatric surgery sample. Poster presented at the 44th annual meeting of the Research Society on Alcoholism, New Orleans, LA (held virtually).

Holzhauer, C.G., Epstein, E.E., Smelson, D.A., & Mattocks, K. (2020). Using a Microintervention Design to Study Mechanisms of Behavior Change in Alcohol Use Disorder. Poster presented at 54th annual meeting of the Association of Behavioral and Cognitive Therapy, Philadelphia, PA (held virtually).

Epstein, E.E., Smelson, D.A., **Holzhauer, C.G.,** *Starratt, E., Rosen, R.E.,* Gaba, A., McCrady, B.S., & Hildebrandt, T. (2020). Alcohol Risk Reduction Program for National Guard Members: Pilot study of Telehealth vs In-Person Delivery Platform for Individuals and Couples. Poster presented at 54th annual meeting of the Association of Behavioral and Cognitive Therapy, Philadelphia, PA (held virtually).

Holzhauer, C.G., Hildebrandt, T., Epstein, E.E., McCrady, B.S., Hallgren, K.A., & Cook, S. (2020). Using multi-level vector autoregression (mlVAR) and network analysis to identify mechanisms of behavior change in women receiving therapy for Alcohol Use Disorder. Poster to be presented at Modern Modeling Methods (M3) Conference, Storrs, CT. *postponed due to COVID-19 pandemic*

Braun, T.D., **Holzhauer, C.G.,** & Abrantes, A.M. (2020). Risk and protective mechanisms of the depression and alcohol craving link in women veterans. Poster to be presented at 8th annual Collaborative Perspectives on Addiction meeting (APA Division 50), San Diego, CA. *canceled due to COVID-19 pandemic*

Holzhauer, C.G., Hayaki, J., Epstein, E.E., Cook, S., Gaba, A., & McCrady, B.S. (2019). Alcohol use and alcohol craving intensity across the menstrual cycle in women receiving treatment for alcohol use disorder. Poster presented at the 53rd annual meeting of the Association of Behavioral and Cognitive Therapy, Atlanta, GA.

Starratt, E., Epstein, E.E., **Holzhauer, C.G.,** Smelson, D.A., McCrady, B.S., & Rosen, R. (2019). Partner strategies used to cope with Service Member/Veterans' drinking in military centric Alcohol Behavior Couple Therapy. Poster presented at the 53rd annual meeting of the Association of Behavioral and Cognitive Therapy, Atlanta, GA.

Sherrill, A., **Holzhauer, C.G.,** Epstein, E.E., Smelson, D.A., & Mattocks, K. (2019). Emotion dysregulation mediates the association between PTSD severity and stress-induced alcohol craving among women Veterans. Poster presented at the 53rd annual meeting of the Association of Behavioral and Cognitive Therapy, Atlanta, GA.

Holzhauer, C.G., Copeland, L.A., Kroll-Derosiers, A., Kinney, R., Bastian, L., & Mattocks, K. (2019). Prenatal stress and postpartum alcohol misuse among women Veterans, with and without PTSD. Poster presented at the HSR&D/QUERI National Conference, Washington, DC.

Holzhauer, C.G., Epstein, E.E., Smelson, D., McCrady, B.S., Starratt, E., Rosen, R., & Hildebrandt, T. (2019). Daily ratings of mood, drinking, and craving during AUD outpatient treatment for service members and veterans: moderating effect of baseline depression. Poster presented at 42nd annual meeting of the Research Society on Alcoholism, Minneapolis, MN.

Starratt, E., **Holzhauer, C.G.,** Epstein, E.E., Smelson, D., Gaba, A., McCrady, B.S., Rosen, R., & Hildebrandt, T. (2019). Use of treatment skills reported among service members or veterans in military centric alcohol behavioral couple therapy (ABCT_Mil). Poster presented at 42nd annual meeting the Research Society on Alcoholism, Minneapolis, MN.

Hallgren, K.A., **Holzhauer, C.G.,** Epstein, E.E., & McCrady, B.S. (2019). Within-person changes in mechanisms of behavior change among women in Cognitive-Behavioral Therapy for Alcohol Use Disorder. Poster presented at 42nd annual meeting the Research Society on Alcoholism, Minneapolis, MN.

Holzhauer, C.G., Epstein, E.E., Smelson, D., & Mattocks, K. (2019). Teaching emotion regulation to improve inhibitory control and decrease cravings among women Veterans with alcohol misuse. Poster presented at annual Collaborative Perspectives on Addiction meeting (APA Division 50), Providence, RI.

Braun, T., **Holzhauer, C.G.,** Epstein, E.E., Smelson, D., & Mattocks, K. (2019). AUD Severity and emotion dysregulation differ by sexual assault and PTSD status among women Veterans. Poster presented at annual Collaborative Perspectives on Addiction meeting (APA Division 50), Providence, RI.

Holzhauer, C.G., Hildebrandt, T., Epstein, E.E., McCrady, B., Hallgren, K., & Cook, S. (2018). Using network analysis to explore mechanisms of change in female specific vs. gender neutral cognitive behavioral therapy for women with AUD. Poster presented at 41st annual meeting of Research Society on Alcoholism, San Diego, CA.

Epstein, E.E., Smelson, D., McCrady, B., **Holzhauer, C.G.,** Gaba, A., Rosen, R., Starratt, E., Hildebrandt, T., & Feldman, B. (2018). Developing Guard Family Care (National Guard Couple and Alcohol Risk Reduction and Resilience) Prevention Program from Alcohol Behavior Couple Therapy. Poster presented at 41st annual meeting of Research Society on Alcoholism, San Diego, CA.

Holman, L., Rosen, R., Epstein, E., Smelson, D., Gaba, A., & **Holzhauer, C.G.** (2017). Treatment retention in Alcohol Behavioral Couple Therapy for Military Personnel. Poster presented at 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

Gaba, A., **Holzhauer, C.G.,** Epstein, E.E., Cook, S., & McCrady, B.S. (2017). Pilot study of a rolling enrollment female-specific CBT group for alcohol dependent women: Within treatment changes in drinking and mood. Poster presented at 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

Holzhauer, C.G., Epstein, E.E., Cook, S., McCrady, B.S., & Gaba, A. (2017). Is non-study-related use of psychotropic medication during treatment associated with drinking outcomes in a behavioral RCT for AUD? Poster presented at 40th annual meeting of Research Society on Alcoholism, Denver, CO.

Rosen, R.L., **Holzhauer, C.G.,** Epstein, E.E., Buckman, J.F., McCrady, B.S., Cook, S., & Gaba, A. (2017). Associations of genetic variation in GABRA2 with alcohol use in a treatment seeking sample of women with Alcohol Use Disorder. Poster presented at 40th annual meeting of Research Society on Alcoholism, Denver, CO.

Wemm, S.E., **Holzhauer, C.G.,** Cao, Z., & Wulfert, E. (2017). Mood and changes in progesterone interact to predict day-to-day likelihood of drinking alcohol in women. Poster presented at 40th annual meeting of Research Society on Alcoholism, Denver, CO.

Epstein, E.E., Smelson, D., Gaba, A., **Holzhauer, C.G.,** Rosen, R., McCrady, B.S., Hildebrandt, T., & Cook, S. (2017). Military centric Alcohol Behavioral Couple Therapy for Service Members. Poster presented at 40th annual meeting of Research Society on Alcoholism, Denver, CO.

Simmons, M., McInnes, K., Smelson, D., **Holzhauer, C.G.,** Harnish, A., & Swedler, D. (2017). Predictors of Overdose among Homeless Individuals with Co-Morbid Mental Illness and Substance Use Disorder. Poster presented at annual meeting of the Academy Health, New Orleans, LA.

Holzhauer, C.G., Epstein, E.E., Hayaki, J., Marinchak, J.S., McCrady, B.S., & Cook, S. (2016) Moderators of Sudden Gains after Sessions Addressing Emotion Regulation in Cognitive Behavioral Therapy for Women with Alcohol Use Disorders. Poster presented at 50th annual meeting of the Association on Behavior and Cognitive Therapies, New York, NY.

Rosen, R.L., **Holzhauer, C.G.**, Epstein, E.E., McCrady, B.S., Gaba, A., & Cook, S. (2016). Alcohol-focused coping strategies used to successfully resist cravings to drink during outpatient CBT therapy for women. Poster presented at 50th annual meeting of the Association on Behavior and Cognitive Therapies, New York, NY.

Holzhauer, C.G., Epstein, E.E., Cohn, A.M., Graff, F.S., Cook, S., & McCrady, B.S. (2016) Heterogeneity in pathways to abstinence among alcohol dependent women in treatment. Poster presented at 39th annual meeting of Research Society on Alcoholism, New Orleans, LA.

Rosen, R.L., **Holzhauer, C.G.**, Epstein, E.E., McCrady, B.S., Gaba, A., & Cook, S. (2016). Change in alcohol-related coping skills, depression, and drinking behavior among women in treatment for alcohol use disorder. Poster presented at 39th annual meeting of Research Society on Alcoholism, New Orleans, LA.

Horowitz, R., Duberstein, P., Lyness, J., Mooney, C. & **Holzhauer, C.G**. (2015). Transforming Formative Assessment. Poster presented at University of Rochester Medical Center Annual Health Professions' Faculty Development Colloquium, Rochester, NY.

Lustig, C., Coffin, A., Sabatka, S., Bellohusen, P., Kettinger, M., **Holzhauer, C.G.,** & Duberstein, P.R. (2015). Screening for Distress in an Adult Outpatient Cancer Center. Poster presented at Strong Hospital Best Practice Poster Session, Rochester, NY.

Holzhauer, C.G., & Wemm, S.E. (2015). Low Emotional Awareness is Associated with Alcohol Consumption in Women. Poster presented at 49th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

Wemm, S.E., Tam, C., Uhl, K., Wulfert, E., **Holzhauer, C.G.,** & Vaysman, R. (2015). Investigating an Internalizing Pathway for Alcohol-Related Consequences: A Latent Path Analysis. Poster presented at the 27th annual meeting of the Association for Psychological Science (APS), New York, NY.

Holzhauer, C.G., Wemm, S.E., Wallace, S.B., & Wulfert, E. (2014). The Relationship between Distress Tolerance, Psychophysiological Function, and Alcohol Use in Women. Poster presented at 48th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

Vaysman, R., **Holzhauer, C.G.,** Israel, A.C., & Halpern, L.F. (2014). Exploring relationships between temperament profiles and aspects of adjustment. Poster presented at 122nd Annual Convention of the American Psychological Association (APA), Washington, D.C.

Holzhauer, C.G., Tam, C., Vaysman, R., & Israel, A.C. (2014). Moderating effect of gender on the relationship between symptom-specific distress and substance use consequences. Poster presented at the 15th Society for Research on Adolescence Biennial Meeting (SRA), Austin, TX.

Wemm, S.E., Ernestus, S., Wulfert, E., **Glanton, C.F.,** & Broussard, J. (2013). Internalizing Risk Factors of Undergraduate Alcohol Use: A Person-centered Analysis. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

Glanton, C.F., & Wulfert, E. (2013). Perceived Paternal Approval Moderates the Relationships Between Proximal Cognitions and Marijuana Use. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

Broussard, J., Wulfert, E., **Glanton, C.F.,** Wemm, S.E., & Previto, A. (2013). Mediators in the Relationship between Readiness to Change and Gambling Behaviors in Treatment Seeking Pathological Gamblers. Poster

presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

Glanton, C.F., Vaysman, R., Israel, A.C., & Wulfert, E. (2013). Anxiety Mediates the Relationship between Conduct Disorder and Alcohol Use. Poster accepted for the 47th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

Glanton, C.F., De Leo, J.A., Wulfert, E., Wemm, S.E., & Broussard, J. (2012). An Analysis of the Gambling Self-Efficacy Questionnaire. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Glanton, C.F., De Leo, J.A., Wulfert, E., Wemm, S.E., & Broussard, J. (2012). The Applicability of the Theory of Planned Behavior to Addictive Behaviors. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Ernestus, S.M., **Glanton, C.F.,** Prelow, H. (2012). A Pathway Model of Substance Use Outcomes in Minority Adolescents. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Broussard, J., Wulfert, E., **Glanton, C.F.**, De Leo, J.A., Wemm, S.E. (2012). Randomized Control Trial Comparing Cognitive Behavioral Therapy to Cognitive Motivational Behavioral Therapy for the Treatment of Pathological Gambling. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Glanton, C.F., DeLeo, J.A., Seifert, C.A., Broussard, J., & Wulfert, E. (2011). Family Environment and Personality as Predictors of Alcohol Consumption. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.

Broussard, J., **Glanton, C.F.**, Wulfert, E., Seifert, C.A., & DeLeo, J.A. (2011). The Relationships between Beliefs and Behaviors on a Computerized Gambling Task. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.

Hazlett, E.A., **Glanton, C.F.**, Haznedar, M.M., Canfield, E., Newmark, R.E., Siever, L.J., & Buchsbaum, M.S. (2008). Caudate and Putamen Volume in Unmedicated Schizophrenia-Spectrum Patients. Paper presented at 1st Schizophrenia International Research Society (SIRS) Conference in Venice, Italy.

Zelmanova, Y., Hazlett, E., Canfield, E., Goldstein, K., Haznedar, M.M., Rogers, K., Zhang, J., **Glanton, C.F.,** New, A., Siever, L., & Buchsbaum, M. (2008). Anterior Cingulate Glucose Metabolism During Emotional Picture Viewing in Borderline and Schizotypal Personality Disorder. Poster presented at the 22nd annual meeting of the Society for Research in Psychopathology (SRP), Pittsburgh, PA.

TEACHING, SUPERVISING, & MENTORING POSITIONS

Training Faculty: NIAAA T32 (AA007290) Postdoctoral Training Program 2024-present
in Alcohol Research
University of Connecticut School of Medicine

Mentor, Enhancing Diversity in Alcohol Research (EDAR) program (NIAAA R25AA028464) 2023-present
Mentor program for underrepresented psychology trainees in alcohol research during the transition through internship and postdoctoral fellowship.
Medical University of South Carolina

Mentor & Faculty Member: VA-funded DEI Summer Research Program Summer 2022, 2023, 2024
Mentor program for trainees from under-represented backgrounds in Women's Health Research in the VA.
VA Central Western Massachusetts

Supervisor & Mentor 2018-2024
Pre-doctoral Clinical Psychology Internship Program (APA-Approved)
VA Central Western Massachusetts

- Developed, received state approval for, and oversaw 12-month, 8 hour/week Clinical Research Training Rotation within the internship program (Research Rotation on CBT-SUD)
- Clinical & Research Supervisor for Women's Health & Military Sexual Trauma (MST) Primary Rotation
- Clinical supervisor for Substance Use Disorders Clinic Rotation

Program Evaluation Coordinator & Supervisor 2018-2023

Pre-doctoral Clinical Psychology Internship Program (APA-Approved)
VA Central Western Massachusetts

Adjunct Professor 2016-2017
Courses taught: Graduate Level Research Methods
Master of Arts in Counseling Psychology Program
Assumption College (Worcester, MA)

GRANT REVIEW COMMITTEES

NIH/National Institute on Alcohol Abuse and Alcoholism (NIH NIAAA) Treatment and Prevention Research Special Emphasis Review Panel — Spring 2024

Veteran Affairs Clinical Sciences Research & Development (VA CSR&D) Neurobiology of Addictive Disorders (NURA) Scientific Review Panel — Fall 2023

Veteran Affairs VISN 1 (New England) Career Development Award Review Committee — 2021, 2022, 2023, 2024

Graduate Women in Science (GWIS) National Fellowship Program — 2020

CLINICAL POSITIONS

VA Central Western Massachusetts Substance Use Disorders Clinic — 2017-2022
Clinical Psychologist

University of Rochester Medical Center & Strong Memorial Hospital — 2014-2015
Pre-doctoral Intern
Rotations:
- Distress Screening in Cancer Patients, Wilmot Cancer Center
- Adult Ambulatory Clinic, Strong Hospital Behavioral Health
- Psychological Testing Service, Strong Hospital Behavioral Health
- Primary Care Psychology, Highland Family Medicine
- Adult Long-Term Inpatient Unit, NYS Rochester Psychiatric Center
- Urgent Care Clinic, Strong Behavioral Health

Albany Stratton VA Medical Center — 2013-2014
Chemical Dependency Rehabilitation Program and PTSD Program
Psychology Trainee

Center for Problem Gambling, Albany, NY — 2012-2014
Outpatient Therapist

Albany Medical Center Psychiatric Inpatient Unit — 2012-2013
Psychology Trainee

Psychological Services Center Community Outpatient Clinic; University at Albany — 2011-2012
Psychology Trainee

Daisy Marquis Jones Women's Residence, Unity Health Systems Rochester NY — 2005-2006
Residence Counselor

The Core Trust: A Holistic Approach to Addiction, London UK — 2004
Intern

PROFESSIONAL SERVICE AND MEMBERSHIPS

Editorial Board:
Journal of Studies on Alcohol & Drugs (2021-present)
Frontiers in Psychiatry (2023-present)

Ad Hoc Reviewer:
Addiction, Journal of Substance Abuse Treatment, Alcoholism: Clinical and Experimental Research, Neurobiology of Stress, Addiction Research & Theory, Psychology of Addictive Behaviors, Journal of Gambling Studies, European Journal of Psychotraumatology, The American Journal of Geriatric Psychiatry

Conference Reviewer:
Research Society on Alcohol Sex & Gender & Alcohol Satellite Meeting (2024)
Department of Veteran Affairs HSR&D/QUERI National Conference (2019)

Membership in Professional Organizations:
Research Society on Alcohol
Association for Psychological Science
Association for Behavioral and Cognitive Therapies and Addiction SIG
American Psychological Association & APA Division 50: Society of Addiction Psychology

Professional Service:
- Committee Member, Research Society on Alcohol Diversity Committee & Professional Skills Development Sub-Committee (2019-present)
- Consultant, Adapting the Department of Veteran Affairs at Central Western MA MOVE! weight management group for Women Veterans (2018-2020)
- Committee Member, Committee for Implementation of Distress Screening in Cancer Patients, University of Rochester Medical Center/ Wilmot Cancer Center (2014-2015)