

Curriculum Vitae and Professional Summary

Mark D. Litt, Ph.D.

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Current Position: **Professor, Division of Behavioral Sciences and Community Health,**
University of Connecticut School of Dental Medicine

Secondary Appointments

Professor of Psychology, Dept. of Psychiatry, University of Connecticut School of Medicine
Professor of Psychology, Dept. of Obstetrics and Gynecology, University of Connecticut School of Medicine
Graduate Psychology Faculty, Clinical Concentration, University of Connecticut, Storrs, CT

Courtesy Appointments

Center for Alcohol Studies, Rutgers, the State University of New Jersey, Piscataway, NJ

Education

Undergraduate

1976-1980 Claremont Men's College, Claremont, CA 91711
Major: Psychology. Minor: Political Science.
B.A. Degree, May 1980, Summa cum laude, with Departmental Honors.
1978 University of Paris: French language, History, Political Science, French Literature.

Graduate

1980-1986 Yale University, New Haven, CT 06520
M.S. in Psychology, December 1982.
M. Phil. in Psychology, December 1983.
Ph.D. in Psychology, May 1986.

Internship

1985-1986 Greater Hartford Clinical Psychology Internship Consortium, Newington & Farmington, CT

Fellowship

1986-1988 NIAAA Postdoctoral fellow in research. National Alcohol Research Center, Department of Psychiatry, University of Connecticut School of Medicine. August 1, 1986 - July 1, 1988.

Employment

1986 August 1, 1986 - 2008. Assistant Professor of Psychology, Department of Obstetrics and Gynecology, University of Connecticut School of Medicine.
1988 July 1, 1988 – Sept. 1, 1993: Asst. Professor. Department of Behavioral Sciences and Community Health, University of Connecticut School of Dental Medicine.
July 1, 1988 - 2008. Assistant Professor of Psychology, Dept. of Psychiatry, University of Connecticut School of Medicine.
1993 Sept. 1, 1993 – Sept 1, 2000: Assoc. Professor, Dept. of Behavioral Sciences & Community Health.
2000 Sept. 1, 2000 – present Professor, Division of Behavioral Sciences & Community Health, University of Connecticut School of Dental Medicine.
2008 Professor of Psychology, Dept. of Psychiatry, University of Connecticut School of Medicine.

Employment (cont.)

2008 Professor of Psychology, Dept. of Obstetrics & Gynecology, University of Conn. School of Medicine.

Honors and Professional Societies

1979 Psi-Chi scientific fraternity, Claremont, CA chapter
1980 Sigma-Xi scientific fraternity
1986 Member, American Psychological Association
1986 Member, Association for the Advancement of Behavioral and Cognitive Therapy (ABCT formerly AABT)
1986 Member and Campus Representative, Society of Behavioral Medicine
1989 Member, Functional Brain-Gut Research Group
1989 Member, APA Division 38: Health Psychology
1989 Member, Connecticut Behavior Therapy Association
1992 Member, International Association for Dental Research
1992 Member, International Association for the Study of Pain
1996 Member, American Pain Society
2000 Member, New England Pain Association
2001 Member, American Psychological Society
2002 Fellow, Society of Behavioral Medicine
2007 Fellow, American Psychological Association
2012 Honorary Member, Omicron Kappa Upsilon Honor Dental Society, Phi Chi Chapter
2013 University of Connecticut Health Center Board of Directors Faculty Recognition Award
2015 Member, Research Society on Alcoholism
2016 Member, Research Society on Marijuana
2018 Executive Committee, Master's Degree Program in Clinical and Translational Research
2018 Named Co-Director, Connecticut Convergence Institute Pre-K Program
2018 University of Connecticut School of Dental Medicine SDM Outstanding Researcher Award for 2018

Service Activities: Dental School, Medical School, University Committee Memberships

1989-2000 **Chairman**, course committee on Dental Practice and Professional Development, Dental years 2, 3, & 4, School of Dental Medicine
1990-1992 Member, Scientific Advisory Committee of the Clinical Research Center, UConn Health Center
1992-1997 Member, Standing Dental School Administrative Committee on Academic Performance (II)
1992-1997 Member, Standing Dental School Administrative Committee on Academic Performance (IV)
1992-present Member, Dental Education Accreditation Committee, Behavioral Sciences section
1995-2000 **Chairman**, Panel for Faculty Grants Program on Population, Behavioral, and Epidemiological Research, UConn Health Center
1995-2001 Member, Council for Compassionate Help for Impaired Professional Students (CHIPS)
1995-1998 Member, Health Center Faculty Review Board
1995-1996 Member, Standing Dental School Committee on Information Systems
1998-present Member, Senior Appointments and Promotions Committee, UConn School of Dental Medicine
2000-2005 Member, Committee on Undergraduate Dental Education
2001- 2005 Member, Curriculum Management Committee, UConn School of Dental Medicine
2000- present Member, Standing Committee on Misconduct in Research, UCHC
2001 – present **Chairman**, Senior Appointments and Promotions Committee, UConn School of Dental Medicine
2007 – 2010 Member, UCSDM Dental Senate, Research Council
2013 Chairman, Ad-hoc Committee on Faculty Evaluation and Merit, UConn School of Dental Medicine
2018 - present Executive Committee, Master's Degree Program in Clinical and Translational Research
2018 - present Co-Director, CT Institute on Clinical & Translational Research (CICATS), Pre-K Program
2020- School of Dental Medicine Research Advisory Group
2020- present Coordinator, School of Dental Medicine Accreditation Committee – Standard 3

Service Activities: Other Committees & Activities

1990-present Member, Psychology Training Committee, Greater Hartford Clinical Psychology Internship Consortium, University of Connecticut School of Medicine
 1990-1996 Clinical Team Member, Pediatric Pain Interest Group, School of Medicine
 1990-2000 **Chairman**, Dept. Committee on the History of Dental Medicine, School of Dental Medicine
 1991-1995 **Co-Director**, TMD/MPD Clinic, School of Dental Medicine
 1991-1995 **Chairman**, course committee on Behavioral Intervention for Pain & Anxiety, AEGD program, Dept. of Behavioral Sciences, School of Dental Medicine
 1992 Member, Planning Committee for TMD/MPD course, School of Dental Medicine
 1992 Member, Health Psychology Research Projects Group, Dept. of Psychiatry, School of Medicine
 1993 - 1998 Member, American Cancer Society Connecticut Cancer Pain Initiative
 1998-present **Director of Clinical Training**, Greater Hartford Clinical Psychology Internship Consortium, University of Connecticut School of Medicine
 2001-2014 Mentor: Skeletal, Craniofacial, & Oral Biology Training Program, UConn Health Center
 2018-2020 Academic Affairs Committee (AAC) of the UCHC-AAUP

Service Activities: Research Reviewer

1989 Special Reviewer, Veterans Administration Merit Review Program
 April 1990 Ad Hoc reviewer on treatment process measurement, NIDA National Drug Treatment Outcome Study, Research Triangle Institute, Research Triangle Park, NC.
 Aug. 1990 Special Review Committee, Behavioral Medicine Study Section, National Institutes of Health.
 Aug. 1995 Special Contract Reviewer, Substance Abuse and Mental Health Services Administration
 Aug. 1996 Special Grant Reviewer, Special Emphasis Section, National Institute of Dental Research
 1997-2004 Clinical & Community Research Advisory Committee, Donaghue Medical Research Foundation
 2001 -2004 Research Advisory Committee, Program for the Study of Health Care Relationships, Yale Univ.
 2001 -2007 Member, Data Safety Monitoring Board, Behavioral and Pharmacological Management of Pain in TMD, PI: J. Haythornthwaite, Johns Hopkins University, Baltimore, MD.
 2002 Special Grant Reviewer, Special Emphasis Section, National Institute of Dental Research
 Oct. 2004 Special Emphasis Panel/Initial Review Group: Biostatistical Methods and Research Design (BMRD) study section, Health of Populations Integrated Review Group (HOP IRG), CSR
 Dec. 2004 CFS/FMS/TMD Special Emphasis Panel/Initial Review Group: Musculoskeletal, Oral and Skin Sciences IRG, Center for Scientific Review
 June 2005 Special Emphasis Panel/Initial Review Group: Biostatistical Methods and Research Design (BMRD) study section, Health of Populations Integrated Review Group (HOP IRG), CSR
 2005 - 2008 Ad-hoc reviewer Health Services Research (AA2) NIAAA Initial Review Group
 August 2005 CFS/FMS/TMD Special Emphasis Panel/Initial Review Group: Musculoskeletal, Oral and Skin Sciences IRG Center for Scientific Review
 2007 - 2010 Permanent Member, Clinical & Treatment Subcommittee (AA-3) NIAAA Initial Review Group
 2010 - present Ad-hoc Reviewer, CASE-DPH scientific review (CT Dept. of Health).
 2010 Ad-hoc Reviewer, Women's Health Research at Yale awards
 2010 – 2014 Ad-hoc Reviewer Clinical & Treatment Subcommittee (AA-3) NIAAA Initial Review Group
 2010 – present Ad-hoc Reviewer NIDCR SEPs
 2010-2015 Member, Case-Ct Dept. of Public Health Biomedical Grant Program
 2012; 2021 Ad-hoc Reviewer NIAAA Loan Repayment Program
 2012 Chair of NIDCR SEP: Collaborative Research Transition From Acute to Chronic Pain
 2012-present Member, Patterson Trust Awards Committee
 2013-2014 Ad-hoc Reviewer NIH-FDA SEPs, Tobacco Control Regulatory Research
 2014 Ad- hoc Reviewer NIAAA Contract Proposal Review
 2014-2015 Ad-hoc Reviewer CSR Risk, Prevention, and Intervention for Addictions Initial Review Group
 2015 Ad-hoc Reviewer CSR SBIR Initial Review Group
 2018 Ad-hoc Reviewer CSR TCORS Review Group
 2019 Chair, NIAAA SEP ZAA1 AA (03)
 2019 Ad-hoc Reviewer CSR 2019/01 ZRG1-RPHB-U-56
 2019 Ad-hoc Reviewer CSR 2019/05 ZRG1-RPHB-Z-10
 2020 Ad-hoc Reviewer NIDCR Clinical Research SEP 2020/05 ZDE1 YM (16) 2
 2020 Ad-hoc Reviewer NAAA AA2 2020/05 AA-2 1 Epidemiology, Prevention and Behavior Research

Teaching Experience

- 1979 Teaching Assistant: Physiological Psychology (Claremont Men's College). Duties included preparing lab and teaching lab and surgical techniques to undergraduates.
- 1981 Teaching Assistant: Personality and Psychotherapy (Yale Univ.). Duties included preparation and grading of examinations and term papers, giving lectures, and conducting discussion sections.
- 1982 Teaching Assistant: The Psychology of Work (Yale Univ.). Duties included preparation and grading of examinations and term papers, and tutoring students.
- 1983 Teaching Assistant: Abnormal Psychology (Yale Univ.). Duties included preparation and grading of examinations and term papers, giving lectures, and conducting discussion sections.
- 1984 Teaching Assistant: Introductory Psychology (Yale Univ.). Duties included preparation and grading of examinations, delivering lectures, tutoring students.
- 1985 Lecturer and Grader: Abnormal Psychology (Yale Univ.). Included delivering lectures, grading examinations, tutoring students.
- 1986, 1987 Guest Lecturer: Consultation Liaison Psychiatry Seminar. Cognitive-Behavioral Therapy. Department of Psychiatry, University of Connecticut School of Medicine.
- 1987, 1988 Co-Leader, Social & Behavioral Sciences Seminar. Psychological and Social Aspects of Alcoholism. University of Connecticut School of Medicine.
- 1988- 2007 **Co-Coordinator of Education in Pain and Anxiety.** University of Connecticut School of Dental Medicine. Lecturer, Dental years 2 and 3, Pain and Anxiety. With lab.
- 1989-2006 Lecturer, Dental Practice and Professional Development. Law and Ethics. Department of Behavioral Sciences and Community Health, Univ. of Connecticut School of Dental Medicine.
- 1989-present Lecturer: Conscious Sedation for Dental Residents. Department of Oral and Maxillofacial Surgery, University of Connecticut School of Dental Medicine
- 1989-1995 Lecturer, Advances in Dental Practice series (continuing education for area dentists). Pain and Anxiety. University of Connecticut School of Dental Medicine.
- 1990 Lecturer, Advances in Dental Practice series (continuing education for area dentists). Pain and Anxiety Control: Inhalation, Oral and Behavioral Techniques. University of Connecticut School of Dental Medicine.
- 1990-1996 Lecturer, Pediatric Dentistry (Dental year 3). Behavioral Management for Children. University of Connecticut School of Dental Medicine.
- 1991-2009 Seminar leader, Greater Hartford Clinical Psychology Internship Consortium seminar series. Cognitive-Behavioral Assessment. University of Connecticut School of Medicine.
- 1991 Seminar leader, Undergraduate Seminar in the Social & Behavioral Sciences. Developments in Behavioral Pediatrics. University of Connecticut Health Center.
- 1991-1997 Guest seminar leader, Residents' Seminar, Dept. of Endodontics. Odontogenic Pain and its Management. University of Connecticut School of Dental Medicine.
- 1991-1996 Guest seminar leader, Alcohol Research Center Postdoctoral Fellow Seminar Program. Analysis of Treatment Outcome. University of Connecticut School of Medicine.
- 1992-1996 Lecturer, Post-Graduate course in Temporomandibular Dysfunction/Myofascial Pain Disorder course: Psychological Factors in TMD/MPD. University of Conn School of Dental Medicine
- 1992-1996 Seminar leader, AEGD Program. Behavioral Intervention for Pain and Anxiety. Univ. of Conn. School of Dental Medicine
- 1993-1997 Seminar leader, Epidemiology and Biostatistics. University of Conn. Health Center
- 1997-1998 Seminar leader, Law and Ethics. University of Conn. Health Center
- 1998-2008 Seminar leader in Ethics, Foundations of Dental Medicine, Environment of Dental Practice. University of Conn. School of Dental Medicine
- 2001 Psychiatry Residents (PGY2) seminar series: Health Psychology Interventions
- 2007 – present Lecturer, Pain & Anxiety 2. Univ. of Conn. School of Dental Medicine
- 2009 – 2014 Course co-Director, Biodontics D5440, graduate course in new developments in dental science. University of Conn. School of Dental Medicine
- 2011-present Introduction to Orofacial Pain and TMD
- 2012-present Lecturer, Measurement of Constructs: Master's Program in Clinical and Translation Research, UCHC
- 2013-present Lecturer, Human Development & Health (HDH), Introduction to the Biopsychosocial Model
- 2013-present Section Leader, HDH, Alcohol & Drug Abuse and the Biopsychosocial Model
- 2013-present Lecturer, Current Topics in Oral Biology & Medicine (Graduate course)
- 2015-present Lecturer, Grant Writing: Master's Program in Clinical and Translation Research, UCHC
- 2017 – present Lecturer, Orofacial Pain Years 3 and 4. Univ. of Conn. School of Dental Medicine

Clinical Experience

- 1976 Olive Vista Medical Center (Residential Treatment Facility), Pomona, CA. (Practicum). Supervised psychotherapy with adult schizophrenic inpatients.
- 1977 Pacific State Hospital (Now Frank J. Lanterman State Hospital), Pomona, CA. (Practicum). Behavior modification under supervision with moderately and severely retarded child inpatients. Included intervention in behavioral problems and teaching of language and self-care skills.
- 1979-1980 Claremont Autism Project, Claremont, CA. (Practicum). Behavior modification and language training under supervision with low-functional autistic child outpatients.
- 1980-1983 Yale Psychological Services Research and Training Clinic, Yale University, New Haven, CT. (Practicum). Assessment and cognitive-behavioral psychotherapy under supervision with adult outpatients for anxiety disorders, depressive disorders, substance-abuse disorders, and migraine headache.
- 1981-1985 Yale Behavioral Medicine Clinic, Yale University, New Haven CT. (Practicum).
- 1981-1985 Veterans Administration Medical Center, West Haven, CT. (Practicum).
- 1985-1986 Clinical Internship: July 1, 1985 to December 31, 1985: Veterans Administration Medical Center, Newington, CT.
- 1986-1988 August 1, 1986 to July 1, 1988: Assistant Professor of Psychology, Department of Obstetrics and Gynecology, University of Connecticut Health Center.
- 1987-1997 Consultant to Dept. of Pediatrics, University of Connecticut Health Center.
- 1987 Consultant to Institute of Living, Hartford, CT. Behavioral treatment of psychiatric inpatients.
- 1988-1990 Supervision of psychological services to Department of Obstetrics and Gynecology, University of Connecticut Health Center.
- 1988-2008 Clinical supervisor, Greater Hartford Consortium Clinical Psychology Internship Program.
- 1990-1996 Pediatric Pain Management Group
- 1990-present Consultant, Clinic-based management of anxious dental patients
- 1991-1996 TMD/MPD Clinic, School of Dental Medicine
- 1992-1996 Clinical Docent, Yale Psychology Services, Yale University Department of Psychology, New Haven, CT.
- 1994-2013 Pain management consultant to inpatient hospital services, John Dempsey Hospital, University of Connecticut Health Center.
- 2000 - 2010 Director, TMD Research Clinic, University of Connecticut School of Dental Medicine.

Editorial Affiliations

Guest Reviewer

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| 1981- <i>Cognitive Therapy and Research</i> | 1995- <i>Women's Health: Research on Gender, Behavior and Policy</i> |
| 1982- <i>Behavior Therapy</i> | 1996- <i>Journal of Clinical Psychology in Medical Settings</i> |
| <i>Journal of Applied Behavior Analysis</i> | <i>Journal of Pain</i> |
| <i>Health Psychology</i> | 1997- <i>Psychosomatic Medicine</i> |
| 1983- <i>Journal of Behavior Therapy and Experimental Psychiatry</i> | 1998- <i>Alcoholism: Clinical and Experimental Research</i> |
| <i>Journal of Consulting and Clinical Psychology</i> | 1999- <i>Journal of Applied Social Psychology</i> |
| <i>Psychological Bulletin</i> | 2000- <i>Clinical Journal of Pain</i> |
| 1984- <i>Journal of Abnormal Psychology</i> | 2005- <i>AIDS and Behavior</i> |
| <i>Journal of Behavioral Medicine</i> | <i>Pain</i> |
| <i>Clinical Psychology Review</i> | 2006- <i>Journal of Clinical Periodontology</i> |
| 1985- <i>Journal of Clinical Gastroenterology</i> | <i>Alcohol & Alcoholism</i> |
| 1987- <i>Journal of Studies on Alcohol</i> | 2007- <i>Patient Education & Counseling</i> |
| 1988- <i>Addictive Behaviors</i> | 2009- <i>Pain Medicine</i> |
| 1988- <i>Journal of Personality</i> | <i>Journal of Orofacial Pain</i> |
| <i>Personality and Social Psychology Bulletin</i> | <i>Psychology of Sport & Exercise</i> |
| 1989- <i>Journal of Dental Education</i> | 2010- <i>Drug & Alcohol Review</i> |
| 1990- <i>British Journal of Addiction</i> | <i>Pain Management</i> |
| 1991- <i>Psychological of Addictive Behaviors</i> | <i>Pain management Therapy</i> |
| 1992- <i>Basic and Applied Social Psychology</i> | 2011- <i>Journal of Studies on Alcohol and Drugs</i> |
| <i>Journal of Pers and Social Psychology</i> | <i>Journal of Oral & Maxillofacial Surgery</i> |
| 1993- <i>British Journal of Clinical Psychology</i> | 2016- <i>Annals of Internal Medicine</i> |
| <i>Psychology of Addictive Behaviors</i> | 2018- <i>J of the Society for Social Work and Resrch</i> |
| 1994- <i>Advances in Dental Research</i> | |

Editorial Board

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| 1991- 1993 | <i>Journal of Personality</i> |
| 1993- 1998 | <i>Annals of Behavioral Medicine</i> |
| 1993- 1997 | <i>Psychology of Addictive Behaviors</i> |
| 2013- 2020 | Consulting editorial board, <i>Psychology of Addictive Behaviors</i> |

Addresses and Colloquia

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| Nov. 1980 | Reinforcement Factors and the Acquisition of Receptive Language by Autistic Children. Invited Address, Yale University, Department of Psychology. |
| May 1982 | Job Stress and Dissatisfaction in Connecticut High School Teachers. Invited Address, Yale University, Department of Psychology. |
| Nov. 1982 | Cognitive-Behavioral Management of Chronic Pain. Colloquium, Claremont Graduate School, Department of Psychology. |
| Nov. 1982 | Current Trends in Health Psychology and Behavioral Medicine. Colloquium, Claremont McKenna College, Department of Psychology. |
| Mar. 1983 | Nonspecific Factors in Behavioral Medicine Interventions. Invited Address, Yale University, Department of Psychology. |
| May 1985 | Cognitive Mediators of Pain: Self-Efficacy and Perceived Control. Invited Address, Yale University, Department of Psychology. |
| Feb. 1986 | Social-Learning Foundations of Disease. Invited Address, University of Connecticut School of Medicine, Department of Psychiatry. |
| Oct. 1986 | Social-Learning Models of Pain and Pain Behaviors. Invited Address, Newington VA Medical Center, Department of Psychiatry. |

(Addresses and Colloquia, cont.)

- Feb. 1987 Self-Efficacy and Perceived Control: Cognitive mediators of pain tolerance. Colloquium, State University of New York at Buffalo, Department of Psychology.
- Jan. 1988 Cognitive Factors in Coping with Stressful Procedures. Dean's seminar, University of Connecticut School of Dental Medicine.
- May 1989 Pain Management Strategies for Arthritis Patients. Invited address, The NIH funded Multipurpose Arthritis Center at the University of Connecticut Health Center.
- June 1989 Pain Management Strategies for Oral Oncology Patients. Invited address, Society for Oral Oncology, Fourth Annual Meeting, Hartford, CT.
- Feb. 1990 Matching Alcoholics to Treatment. Invited address, Psychiatry Grand Rounds, University of Connecticut Health Center.
- April 1990 Individual Difference Variables in Substance Abuse Research. Invited address, NIDA National Drug Treatment Outcome Study, Research Triangle Institute, Research Triangle Park, NC.
- October 1991 Pain Management for Arthritis Sufferers. Invited address. Multipurpose Arthritis Center at the University of Connecticut Health Center, Farmington, CT.
- March 1992 Measuring Acute Mood Changes in Drug Challenge Research. Research Seminar, VA medical Center, West Haven, CT., Dept. of Psychiatry.
- March 1992 Cognitive Factors in Coping with Stressful Experience. Invited address. Yale University, Dept. of Psychology.
- May 1992 Preparing Patients for Oral Surgery: The Mechanisms of Coping with Stressful Dental Procedures. Dean's Seminar, University of Connecticut School of Dental Medicine.
- Dec 1993 Multidisciplinary Treatment of Orofacial Pain. Invited address. Yale University, Dept. of Psychology.
- March 1994 Non-Pharmacological Methods of Pain Management in Cancer Patients. Invited address. Torrington, CT., chapter, American Cancer Society.
- January 1995 Cognitive-behavioral research and treatment in arthritis: An overview. Invited address. Multipurpose Arthritis Center at the University of Connecticut Health Center, Farmington, CT.
- February 1995 Treatment Of Myofascial Pain Dysfunction. Invited address, New Britain Dental Association, New Britain, CT.
- April 1995 Pain Management in Arthritis: An Overview of Cognitive-Behavioral Treatment. Medical Grand Rounds, Rockville General Hospital, Rockville, CT.
- December 1995 Moderators And Mediators Of Pain And Fear In Stressful Dental Circumstances. Research seminar. University of Washington Regional Dental Fears Clinic. Seattle, WA.
- October 1997 Feasibility of Ecological Momentary Assessment with Alcoholics. Invited Address, NIAAA Treatment and Alcohol Craving Workshop, Washington, D.C.
- December 1997 Treatment of Myofascial Pain Dysfunction. Invited address, Lawrence and Memorial Hospital, New London, CT.
- May 1998 Non-pharmacological Treatment of Cancer Pain. Invited address, Medical Grand Rounds, Sharon Hospital, Sharon, CT.
- Sept. 1999 Social Learning Variables as Predictors of Initial Exercise Program Outcome in Older Women. Invited address, University of Connecticut Center on Aging.
- Oct 1999 Managing Pain After Injury. Invited address, Dept. of Psychiatry and Dept. of Orthopedic Surgery, University of Connecticut School of Medicine.
- Feb 2000 Perceptions of Control and Self-Efficacy: Exploring the Role of Social Cognitions in Health Psychology. Invited address, Health Psychology Seminar, West Haven VA Medical Center.
- Jan. 2001 Adherence to Health Care Regimens: Summary of Current Research. Invited address, Quarterly meeting of the Yale Program for the Study of Health Care Relationships, Farmington, CT.
- April 2001 Social Cognitive Variables and Their Role in Adherence. Invited address, University of Connecticut Center for AIDS Research, Storrs, CT.

(Addresses and Colloquia, cont.)

- Feb. 2002 Coping and Motivation in Treatment-Related Change. Invited address, University of Connecticut National Alcohol Research Center.
- May 2002 Cognitive Mechanisms in Behavioral Treatment for TMD. Invited address, Dental Dean's Seminar series, University of Connecticut School of Dental Medicine.
- June 2002 Psychological and Non-Pharmacological Pain Management in Cancer Patients. AHEC: Current issues in Women's Health Lecture Series, Backus Hospital, Norwich, CT.
- June 2002 Situational Antecedents to Smoking and Drinking in Alcoholic Smokers: Analysis of Experience Sampling Data. Invited address, Mt. Sinai Hospital and Medical Center, New York, NY.
- Sept. 2002 Coping and Motivation in Treatment-Related Change in Alcoholics. Invited address, Connecticut Department of Mental Health and Addiction Services.
- Dec. 2002 Cognitive Mechanisms in Behavioral Treatment for TMD. Invited address, General Clinical Research Center, University of Connecticut Health Center, Farmington, CT.
- June 2003 Contingency Management in Treatment of Addictions: Theory and Practice. Invited Address, Criminal Justice Drug Abuse Treatment Study Conference, Key Largo, FL.
- October 2003 Fibromyalgia Syndrome: Background & Treatment. Invited address, Connecticut Society of Psychiatric Nurse-Practitioners. Farmington, CT
- July 2004 Temporomandibular Dysfunction (TMJ): Theory and Practice. Invited address, Celebrate Women lecture series. Farmington, CT.
- May 2005 Coping Skills and Cognitive-Behavioral Treatment for Addictions: More Questions Than Answers. Invited address, Alcohol Research Center, University of Connecticut Health Center, Farmington, CT.
- Nov. 2005 Coping Skills and Cognitive-Behavioral Treatment for Addictions. Invited address, The Rhode Island Hospital/Brown University, Providence, RI.
- March 2006 Temporomandibular Dysfunction (TMJ): Advances in Treatment. Invited address, Celebrate Women lecture series. Farmington, CT.
- June 2008 Some New Developments in the Psychosocial Treatment of Alcohol Dependence. Invited address, General Clinical Research Center series, UConn Health Center, Farmington, CT.
- February 2009 Developments in the Psychosocial Treatment of Alcohol Dependence: Individualized Treatment and Network Support. Invited address, VA Connecticut Psychology Colloquium., VA Medical Center, Newington, CT.
- June 2009 Network Support Treatment for Alcohol Dependence: Progress, Hopes and Dreams. Invited address, Alcohol research Group, Emeryville, CA.
- August 2009 Network Support for Recovery: Background, Applications, and Requirements. Invited address, VA Conference on empirically based treatment for SUD, New Orleans, LA.
- September 2009 Capturing a Moment: Momentary Assessment in Stress, Coping, and Health. Invited address, State of the Science in Stress and Coping, Special festschrift for Susan Folkman, San Francisco, CA.
- January 2010 Network Support and Individualized Treatment for Alcohol Dependence: Progress, Hopes and Dreams. Invited address, Rutgers Center for Alcohol Studies, New Brunswick, NJ.
- May 2010 Network Support and Individualized Treatment for Alcohol Dependence: Progress and New Directions. Invited address, University of Pennsylvania Department of Psychiatry Treatment Research Center, Philadelphia, PA.
- June 2010 Social Networks and Network Support as Promoters of Behavior Change. Invited address, 6th Annual Pre-Conference Satellite Meeting on Application of Methodological & Substantive Approaches to Studying Behavior Change. San Antonio, TX.

November 2010 Momentary Assessment of Stress, Symptoms & Coping: Applications in the Study of Health Behavior Change. Invited address, General Clinical Research Center series, UConn Health Center, Farmington, CT.

(Addresses and Colloquia, cont.)

April 2011 Some New Developments in the Psychosocial Treatment of Substance Dependence. Colloquium, Department of Psychology, University of New Mexico, Albuquerque, NM.

April 2011 Momentary Assessment of Stress, Symptoms & Coping: Applications in the Study of Health Behavior Change. Invited lecture, Social Psychology 212, University of New Mexico, Albuquerque, NM.

January 2012 Mechanisms of Action in the Study of Health Behavior Change. Invited address, Pediatric Research Associates, Connecticut Children's Medical Center, Hartford, CT.

September 2014 Some New Developments in the Psychosocial Treatment of Substance Dependence. Psychiatry Grand Rounds, University of Connecticut School of Medicine, Farmington, CT.

January 2015 Mechanisms of Action of Psychosocial Treatment for Chronic Pain: Examples From Treatment Trials for TMD Pain. PRIME seminar, West Haven VA Medical Center, West Haven, CT.

March 2017 Recent Developments in the Treatment of Cannabis Use Disorder. Clinical Research Center seminar, University of Connecticut Health Center.

November 2018 Precision Behavioral Medicine: Applications to Pain and Substance Abuse. School of Dental Medicine Seminar Series, University of Connecticut School of Dental Medicine, Farmington, CT.

September 2020 Precision Behavioral Medicine: Applications to Pain and Substance Abuse. Invited Address: VA Connecticut Psychology Colloquium Series.

December 2020 Innovations in Substance Use Treatment: Network Support and Individualized Treatment Approaches. Invited Address: Joint NIAAA T32 postdoctoral seminar series.

Paper Presentations

Schreibman, L., & Litt, M.D. (August, 1981). Stimulus-specific reinforcement in the acquisition of receptive labels by autistic children. Paper presented in symposium at the annual meeting of the American Psychological Association, Los Angeles, CA.

Litt, M.D., & Turk, D.C. (November, 1982). A "tailored" cognitive-behavioral treatment for migraine: A case study. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Los Angeles, CA.

Litt, M.D., & Turk, D.C. (March, 1983). Organizational stress and dissatisfaction in high school teachers. Paper presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.

Litt, M.D., & Turk, D.C. (October, 1983). Stress, dissatisfaction, and intention to leave teaching in experienced public high school teachers. Paper presented at the annual meeting of the American Educational Research Association, Montreal, Canada.

Litt, M.D., Turk, D.C., Salovey, P., & Walker, J. (March, 1984). Seeking pediatric care: Causes and appropriateness of parents' decisions. Paper presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

Litt, M.D., Turk, D.C., Rudy, T.E., & Labrentz, E.L. (March, 1985). Efficacy of a brief diabetes educator training program for Improving Patient Adherence. Paper presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

Ezekowitz, W., Litt, M.D., & Taylor, L. (April, 1985). A cognitive-behavioral skills training program for diabetes educators. Paper presented at the annual meeting of the American Diabetes Association, Baltimore, MD.

Hale, Mahlon, & Litt, M.D. (Feb, 1986). Occupational stress among hospice workers: Special problems and special solutions. Paper presented to the Foundation of Thanatology, Boston, MA.

Baker, L., & Litt, M.D. (March, 1986). Cognitive-behavioral treatment of irritable bowel syndrome. In L. Baker (Chair), Irritable Bowel Syndrome: Etiology and Treatment. Symposium conducted at the University of Connecticut School of Medicine, Farmington, CT.

Litt, M.D. (March, 1987). Self-efficacy and perceived control: Cognitive mediators of pain tolerance. Paper presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.

Cooney, N.L., Kadden, R.M. & Litt, M.D. (June, 1987). A comparison of methods for assessment of sociopathy in male and female alcoholics. Paper presented at the annual meeting of the Research Society on Alcoholism, Philadelphia, PA.

(Paper Presentations cont).

- Litt, M.D., Cooney, N.L. & Kadden, R.M. (August, 1987). Reactivity to alcohol cues and induced moods. Paper presented at the Fourth International Conference on the Treatment of Addictive Behaviors, Bergen, Norway.
- Cooney, N.L., Kadden, R.M., Litt, M.D., Getter, H. & Busher, D.A. (August, 1987). Alcoholism aftercare treatment matching: Posttreatment results. Paper presented at the Fourth International Conference on the Treatment of Addictive Behaviors, Bergen, Norway.
- Litt, M.D., Cooney, N.L., Kadden, R.M. & Gaupp, L. (June 1988). Eliciting "craving" in alcoholics: The role of alcohol cues and induced moods. Paper presented at the annual meeting of the Research Society on Alcoholism, Charleston, S.C.
- Kadden, R.M., Cooney, N.L., & Litt, M.D. (June 1988). Treatment matching in alcoholism aftercare: Post-treatment results. Paper presented at the annual conference of the Research Society on Alcoholism, Charleston, S.C.
- Litt, M.D. (March 1989). Attributions of causality and control in adaptation to in-vitro fertilization. Paper presented at the 10th annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Kadden, R.M., Cooney, N.L., & Litt, M.D. (June 1989). Matching alcoholics to treatment: Recent advances. Paper presented at the annual meeting of the Research Society on Alcoholism, Beaver Creek, CO.
- Litt, M.D., Del Boca, F., Cooney, N.L., Kadden, R.M., & Babor, T. (June 1989). Matching alcoholics to aftercare treatment by empirical clustering: Predicting relapse. Paper presented at the annual meeting of the Research Society on Alcoholism, Beaver Creek, CO.
- Busher, D.A., Cooney, N.L., Kadden, R.M., Litt, M.D. (June 1989). Influence of positive and negative life events on relapse. Paper presented at the annual meeting of the Research Society on Alcoholism, Beaver Creek, CO.
- Getter, H., Kadden, R.M., Cooney, N.L. & Litt, M.D. (July 1989). Short-term interactional group therapy as aftercare for alcoholics. Paper presented at the First European Congress of Psychology, Amsterdam, The Netherlands.
- Litt, M.D., Kadden, R.M., & Cooney, N.L. (November 1989). Patient-treatment matching: Increasing the effectiveness of relapse prevention for substance abusers. Paper presented at the Florida Mental Health Institute conference, "Critical Drug Abuse Challenge: Toward a Unified Systems Approach." Tampa, FL.
- Cooney, N.L., Gaupp, L., Litt, M.D., & Schmidt, P. (November 1989). Recent attempts to increase alcohol cue reactivity: The effect of negative moods. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, D.C.
- Litt, M.D., Gattuso, S. & Fitzgerald, T. (April 1990). Self-efficacy enhancement in coping with stressful endoscopy. Paper presented at the annual meeting of the Society of Behavioral Medicine, Chicago, IL.
- Litt, M.D., Del Boca, F., Cooney, N.L., Kadden, R.M., Babor, T. (June 1990). Matching alcoholics to aftercare treatment by empirical clustering: Two-year follow-up. Paper presented at the annual meeting of the Research Society on Alcoholism, Toronto, Canada.
- Litt, M., Horswell, B., Kleinle, C. & Shafer, D. (April 1991). Perceptions of self-efficacy and control in coping with oral surgery. In D. Locker (Chair), Behavioral Sciences/Health Services Research--Dental Anxiety and Fear. Symposium conducted at the annual meeting of the International Association for Dental Research, Acapulco, Mexico.
- Cooney, N.L., Schmidt, P., Litt, M.D., & Bauer, L. (June 1991). The relationship between alcohol cue reactivity, negative mood reactivity, and relapse. In N.L. Cooney (Chair), Alcohol cue reactivity assessment and cue exposure treatment. Symposium conducted at the annual meeting of the Research Society on Alcoholism, Marco Island, FL.
- Litt, M.D., Kadden, R.M., & Cooney, N.L. (August 1991). Matching alcoholics to coping skill or interactional therapies. In D. Penatar (Chair), Drug abuse treatment: Pharmacological and psychological variables. Paper session at the annual meeting of the American Psychological Association, San Francisco, CA.
- Litt, M.D., Cooney, N.L., Schmidt, P., Kadden, R.M., & Bauer, L. (August 1991). Mood states as drinking cues in alcoholics and heavy drinkers. In T. Brandon (Chair), Affect as cue for substance craving and use: Experimental evidence. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco, CA.
- Litt, M.D., Kadden, R.M., & Cooney, N.L. (November 1991). Role-play measures of coping skills as indicators of alcoholism treatment outcome. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York.
- Litt, M.D., Shafer, D., & Nye, C. (July 1992). Distraction from Information in Coping with Oral Surgery. Paper presented at the annual meeting of the International Association for Dental Research, Glasgow, Scotland.
- Reisine, S. & Litt, M.D. (July 1992). Social and psychological theories and their use for dental practice. In M.A.J. Eijkman (Chair), Behavioral research in dentistry and its use for dental practice. Symposium conducted at the annual meeting of the International Association for Dental Research, Glasgow, Scotland.

(Paper presentations cont.)

- Litt, M.D. (September 1992). Pain and distress during oral surgery: The role of self-efficacy enhancement and perceptions of control. In Pain and Psychological Assessment II. Symposium conducted at the 5th International Congress: The Pain Clinic, Jerusalem, Israel.
- Cooney, N.L., Kadden, R.M., & Litt, M.D. (November 1992). Conducting comprehensive assessments and follow-up evaluations in patient-treatment matching trials. In Gerard Connors (Chair), Critical issues in the Conduct of Research on Patient-Treatment Matching. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Brown, J., Babor, T.F., Litt, M.D., Kranzler, H. (October, 1992). The type A/type B distinction: Subtyping alcoholics according to indicators of vulnerability and severity. In T.F. Babor (Chair), Clinical description in the identification of alcoholic subtypes. Symposium conducted at the University of Connecticut Alcohol Research Center Conference on Genetic Susceptibility, Biological Markers of Vulnerability, and Alcoholism Subtypes, Farmington, CT.
- Kadden, R.M., Litt, M.D., & Cooney, N. L. (October, 1992). Matching alcoholics to treatments based on sociopathy and psychiatric severity. In B. Rounsaville & H. Kranzler (Chairs), Implications for research, theory, and clinical practice. Symposium conducted at the University of Connecticut Alcohol Research Center Conference on Genetic Susceptibility, Biological Markers of Vulnerability, and Alcoholism Subtypes, Farmington, CT.
- Litt, M.D., Nye, C., & Shafer, D. (November 1992). The role of self-efficacy in preparation for stressful experience. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Cooney, N.L., Bastone, E., Schmidt, P.M., Litt, M.D., Bauer, L., & Kadden, R.M. (January 1993). Cue exposure treatment for alcohol dependence: Process and outcome results. In P. Monti (Chair), Cue exposure and alcohol treatment: Where do we stand? Symposium conducted at the Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico.
- Litt, M.D., Nye, C. & Shafer, D. (March 1993). Self-efficacy and control in morbidity associated with oral surgery. In R. Kerns (Chair), Innovations in the treatment of pain. Paper session conducted at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Nye, C., Litt, M.D., & Shafer, D. (March 1993). Self-efficacy enhancement and needle desensitization: Effects on preoperative anxiety. In T. Smith (Chair), Dental fear, epidemiology, and treatment. Paper session conducted at the annual meeting of the International Association for Dental Research, Chicago, Illinois, USA.
- Litt, M., Nye, C., & Shafer, D.M. (March 1994). Behavioral preparation: Effects on morbidity associated with oral surgery. In R. Moore (Chair), Dental fear, pain: epidemiology and treatment. Paper session conducted at the annual meeting of the International Association for Dental Research, Seattle, Washington, USA.
- Reisine, S., Litt, M. & Tinanoff, N. (March 1994). A biopsychosocial model of caries risk in pre-school children. In S. Reisine (Chair), Dental caries, risk factors, and effects of fluoride. Paper session conducted at the annual meeting of the International Association for Dental Research, Seattle, Washington, USA.
- Litt, M.D., Cooney, N.L., Donovan, D., Kadden, R., Snow, M., & Kabela, E. (June 1994). Assessing Client Preferences For Treatment. Paper presented at the annual meeting of the Research Society on Alcoholism, Maui, HI.
- Gerin, W., Litt, M., Finkelstein, M, Deich, J. & Pickering, T. (April 1994). Self-efficacy as a moderator of perceived control on cardiovascular reactivity. Paper presented at the annual meeting of the American Psychosomatic Society, Boston, MA.
- Litt, M.D. (March 1995). A dental fears typology of oral surgery patients: Interaction of type and treatment. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA, USA.
- Litt, M.D., Cooney, N., Morse, P., Bastone, E., & Kadden, R. (May-June 1995). Evaluating cues for craving in treated alcoholics: A field study. Paper presented at the 7th meeting of the International Conference on the Treatment of Addictive Behaviors, Leeuwenhorst, The Netherlands.
- Litt, M.D., Cooney, N., Morse, P., Bastone, E., & Kadden, R. (June 1995). Environmental Cues For Craving In Treated Alcoholics. Paper presented at the annual meeting of the Research Society on Alcoholism, Steamboat Springs, CO, USA.
- Litt, M., Reisine, S. & Tinanoff, N. (June-July 1995). Causal modeling of caries development in low income preschool children. Paper presented at the annual meeting of the International Association of Dental Research, Singapore.
- Shafer, D.M., Litt, M.D., & Nye, C. (Sept. 1995). The effect of behavioral interventions on outcomes from third molar extractions. Paper presented at the annual meeting of the American Association of Oral and Maxillofacial Surgeons, Toronto, Canada.

(Paper Presentations, cont.)

- Cooney, J.L. & Litt, M.D. (Nov. 1995). In-vivo self monitoring of smoking patterns and craving in younger and older chronic smokers. In S. Shiffman (Chair), Real time assessment of drug use antecedents. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.
- Cooney, N. & Litt, M.D. (Nov. 1995). The ecological validity of laboratory alcohol cue reactivity assessment. In S. Shiffman (Chair), Real time assessment of drug use antecedents. Symposium conducted at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.
- Litt, M.D. (March 1996). Future dental care seeking after preparation for oral surgery. In T. Smith (Chair), Pain and Anxiety: Attitudes and Perceptions. Symposium conducted at the annual meeting of the International Association of Dental Research, San Francisco, CA.
- Litt, M.D. & Kalinowski, L. (Nov. 1996). Anxiety, pain experience, and pain evaluation in dental procedures. Paper presented at the annual meeting of the American Pain Society, Washington, DC.
- Reisine, S., Tinanoff, N., Litt, M., & Douglas, J. (Nov. 1996). Preventing early childhood caries in a WIC population. Paper presented at the annual meeting of the American Public Health Association, New York, NY.
- Litt, M. & Kalinowski, L. (March 1997). Causal explanations for illness, coping, and distress in TMD patients. Paper presented at the annual meeting of the International Association of Dental Research, Orlando, FL.
- Reisine, S., Litt, M., Douglass, J., O'Sullivan, D., Daley, N., Nelson, E., Browne, A., & Tinanoff, N. (March 1997). Oral health beliefs, behaviors, and S. Mutans prevalence in children enrolled in WIC. Paper presented at the annual meeting of the International Association of Dental Research, Orlando, FL.
- Litt, M.D., Tennen, H., Kadden, R. & Affleck, G. (July 1997). Optimism and pessimism in matching alcoholics to treatment. Paper presented at the annual meeting of the National Association of Alcohol and Drug Abuse Counselors, San Francisco, CA.
- Litt, M.D., Tennen, H., Kadden, R. & Affleck, G. (July 1997). Optimism and pessimism in matching alcoholics to treatment. Paper presented at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
- Babor, T., Cooney, N.L. & Litt, M.D. (July 1997). Severity of alcohol dependence as a matching variable in alcoholism treatment. In R. Longabaugh (Chair), Project MATCH secondary matching hypothesis post treatment effects and their causal chains. Symposium conducted at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
- Kadden, R. & Litt, M.D. (July 1997). Tests of antisocial personality as a basis for matching patients to treatment. In R. Longabaugh (Chair), Project MATCH secondary matching hypothesis post treatment effects and their causal chains. Symposium conducted at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
- Litt, M.D., Cooney, N.L., & Morse, P. (November 1997). Dispositional and situational predictors of momentary Urges to drink in treated alcoholics. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- Litt, M.D. & Kalinowski, L. (November 1997). A Dental Fears Typology Of Oral Surgery Patients: Replication And Matching To Intervention. Paper presented at the annual meeting of the American Pain Society, New Orleans, LA.
- Litt, M.D., Cooney, N., & Morse, P. (January 1998). Reactivity to Alcohol-Related Stimuli in the Laboratory and in the Field: Characteristics of Craving in Treated Alcoholics. Paper presented at the International Conference on the Treatment of Addictive Behaviors, Santa Fe, NM.
- Litt, M.D. (June 1998). Matching Attributes and Their Influences on Long-Term Treatment Outcome. In W.R. Miller (Chair), Project MATCH: Long-Term Outcomes. Symposium conducted at the annual meeting of the Research Society on Alcoholism, Hilton Head, SC.
- Tinanoff, N., Reisine, S., Douglass, J. & Litt, M. (March 1999). Factors influencing the presence of mutans streptococci in very young children. Paper presented at the annual meeting of the International Association of Dental Research, Vancouver, BC, Canada.
- Reisine, S., Tinanoff, N. Douglass, J. & Litt, M. (March 1999). Nighttime bottle use and its correlates among young children enrolled in WIC. Paper presented at the annual meeting of the International Association of Dental Research, Vancouver, BC, Canada.
- Litt, M. D. & Kalinowski, L. (March 1999). Pain level and variation in TMD patients. Paper presented at the annual meeting of the International Association of Dental Research, Vancouver, BC, Canada.
- Litt, M.D. (April 2000). Social learning model variables in marijuana treatment: Preliminary results of MTP. Paper presented at the annual meeting of the Society of Behavioral Medicine, Nashville, TN.
- Litt, M., Kadden, R.M., Cooney, N.L., Kabela, E., & Getter, H. (June 2000). Matching patients to cognitive-behavioral or interactional group therapy. Paper presented at the annual meeting of the Research Society on Alcoholism, Denver, CO, USA.
- Litt, M.D. (September 2000). Social learning variables as predictors of initiation and maintenance of exercise behavior in older women. Paper presented at the first annual meeting of the American Academy of Health Behavior, Santa Fe, NM.

(Paper Presentations, cont.)

- Litt, M.D. & Herndon, C.D.A. (November, 2000). Prediction of Pain and Disability in Interstitial Cystitis. Paper presented at the 19th annual meeting of the American Pain Society, Atlanta, GA.
- Unson C, Litt M, Fenster J, Prestwood K. (November 2000). Factors affecting retention of older minority and white women in an estrogen study. Paper presented at the annual meeting of the Gerontological Society of America, Washington D.C.
- Litt, M.D. (March 2001). Dispositional predictors of outcome in TMD treatment. Paper presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.
- Cooney, N.L., Litt, M.D., Cooney, J.L., Oncken, C.A., Pilkey, D.T., & Findley, J. (March 2001). Ecological momentary assessment of smoking cessation in alcoholic smokers. In S. S. O'Malley (Chair), Nicotine and alcohol dependence: Mechanisms for their co-occurrence. Symposium conducted at the annual meeting of the Society for Research on Nicotine and Tobacco, Seattle, WA.
- Litt, M.D. (April 2001). Daily mood, attributions, and coping processes in TMD pain. Paper presented at the 20th annual meeting of the American Pain Society, Phoenix, AZ.
- Kleppinger, A., Litt, M.D., Kulldorff, M., Unson, C., & Judge, J.O. (November 2001). Health perceptions as predictors of exercise adherence in older women. Paper presented at the annual meeting of the Gerontological Society of America, Chicago, IL.
- Litt, M.D., Napolitano, C., Shafer, D. & Goupil, M. (March 2002). Real-time assessment of coping process in TMD treatment. In M. Litt & S. Reisine (Chairs), Orofacial pain, TMD, and Xerostomia. Paper session conducted at the 80th annual meeting of the International Association of Dental Research, San Diego, CA.
- Litt, M.D, Miller, L., Kreutzer, D., Bursleson, J. & Albertsen, P. (March 2002). Cytokines and environmental variables in pain and quality of life in nonbacterial chronic prostatitis. Paper presented at the 21st annual meeting of the American Pain Society, Baltimore, MD.
- Litt, M.D., Cooney, N.L., Oncken, C., Cooney, J.L., Pilkey, D. & Findley, J. (April 2002). Predictors of smoking reduction in alcohol-dependent patients. Paper presented at the 23rd annual meeting of the Society of Behavioral Medicine, Washington, DC.
- Kadden, R.M., Litt, M.D. and Kabela, E. (July 2002). Searching for treatment outcome measures for use across trials. Paper presented at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
- Litt, M.D., Kadden, R.M., Cooney, N.L., Kabela, E. & Getter, H. (July 2002). Matching patients to cognitive-behavioral or interactional group therapy. Paper presented at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
- Litt, M.D., Kadden, R.M., Cooney, N.L., Kabela, E., & Getter, H. (July 2002). Readiness and self-efficacy in matching to alcoholism treatment. Paper presented at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.
- Cooney, N., Pilkey, D., Steinberg, H., Cooney, J., Litt, M., Oncken, C. (February 2003). Efficacy of intensive vs. brief smoking cessation treatment concurrent with intensive outpatient alcohol treatment. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Litt, M.D., Shafer, D. & Williams, C. (March 2003). Long-Term Outcome of Brief Treatment for TMD Pain. In M. Litt & K. Atchison (Chairs), Pain and Patient Perceptions. Paper session conducted at the 32nd annual meeting of the American Association of Dental Research, San Antonio, TX.
- Litt, M., Cooney, N. Cooney, J., Pilkey, D. & Steinberg, H. (March 2003). Momentary assessment of drinking urges in treated alcoholics who smoke. Paper presented at the annual meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
- Cooney, N. L., Litt, M. D., Cooney, J. L., Oncken, C. A., Pilkey, D. T., & Steinberg, H. R. (June 2003). Ecological momentary assessment of early relapse after concurrent alcohol-tobacco treatment. In H. Kranzler & M. Litt (Chairs), Application of Daily Process Measurement to Alcohol Treatment Studies. Symposium conducted at the annual meeting of the Research Society on Alcoholism, Ft. Lauderdale, FL.
- Litt, M.D. (August 2003). Behavioral Management for Substance Abuse Treatment in Offender Populations. Invited Address, NIH Criminal Justice Drug Abuse Treatment Services Steering Meeting, Key Largo, Florida.
- Cooney, N.L., Litt, M.D., Cooney, J.L., Oncken, C.A., Pilkey, D.T., & Steinberg, H.R. (September 2003). Craving and affect as antecedents of cigarette smoking in alcoholic smokers. Poster presented at the NCI conference "The science of real-time data capture: self-reports in health research", Charleston, SC.
- Steinberg, H.R., Cooney, N.L., Litt, M.D., Cooney, J.L., Pilkey, D.T., & Oncken, C.A. (February 2004). Comparison Of Electronic Momentary Reports And Daily Retrospective Diaries For Assessing Urges And Mood In Alcohol Dependent Smokers. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Phoenix, AZ.

(Paper Presentations, cont.)

- Bahl, R., Litt, M.D., Burleson, J.A., Lalla, R.V., Damato, K.L., Dauser, D.A. & Peterson, D.E. (March 2004). Oral Mucositis Pain in Cancer Patients Receiving Myeloablative Chemotherapy. Poster presented at the 82nd annual meeting of the International Association of Dental Research, Honolulu, HI.
- Litt, M.D. (May 2004). Momentary Assessment of Pain and Coping Processes in TMD Treatment: Accessing the Head of the Chronic Pain Patient. In R. Jamison (Chair), Innovative Technology and Electronic Diaries for Monitoring Chronic Pain. Symposium conducted at the annual meeting of the American Pain Society, Vancouver, Canada.
- Kadden, R.M., Litt, M.D., & Dion, K.B. (June 2004). Increased alcohol use following treatment for marijuana dependence. Poster presentation at Annual Scientific Meeting, Research Society on Alcoholism, Vancouver, BC, Canada.
- Cooney, N., Pilkey, D., Steinberg, H., Cooney, J., Litt, M., & Oncken, C. (2005, March). Ecological momentary assessment of alcohol-tobacco interactions after concurrent alcohol-tobacco treatment. annual meeting of the Society for Research on Nicotine and Tobacco, Prague, Czech Republic.
- Litt, M.D. (March 2005). Conservative Regimen Adherence and Long-Term Outcomes in TMD. In M. Litt & M. Tavares (Chairs), Service Use and Outcomes. Paper presented at the 83rd annual meeting of the International Association of Dental Research, Baltimore, MD.
- Litt, M.D. & Kreutzer, D.L. (April 2005). Cytokine Changes as a Function of Cognitive-Behavioral Treatment in TMD. In P. Brawer (Chair), Pain. Paper session conducted at the annual meeting of the Society of Behavioral Medicine, Boston, MA. (Citation paper).
- Gavin, M.D., Litt, M., Khan, A., Onyuke, H. & Kozol, R.A. (October 2005). A Prospective Study of Cognitive Intervention in the Reduction of Postoperative Pain and Narcotic Demand. Paper presented at the annual meeting of the New England Surgical Society, Bretton Woods, NH.
- Steinberg, H.R., Cooney, N.L., Pilkey, D.T., Litt, M.D., Cooney, J.L., & Oncken, C.A. (2006, February). Predictors of momentary smoking and drinking urges in alcohol dependent smokers. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Orlando, FL.
- Litt, M.D., Kadden, R.M. & Kabela-Cormier, E. (January 2006). Changing Network Support for Drinking: Initial Findings from the Network Support Project. In R. Moos (Chair), Influencing Social Environments to Enhance Client Outcomes in Addiction. Paper presented at the 11th annual meeting of the International Conference on the Treatment of Addictive Behaviors, Santa Fe, NM, USA.
- Litt, M.D., Kreutzer, D.; Shafer, D. (May 2006). Alterations of Inflammatory Cytokines in Temporomandibular Dysfunction as a function of Cognitive-Behavioral Treatment. In S.D. Dewailly, and F. Kronenberg (Chairs), Randomized Clinical Trials. Paper presented at the North American Research Conference On Complementary and Integrative Medicine, Edmonton, Alberta, CA.
- Litt, M.D. (Sept. 2006). Application of behavioural principles to enhance adherence with experimental protocols in clinical trials. In S. Reisine (Chair), Enhancing success in clinical trials through the application of behavioural principles: recruitment, retention and adherence. Paper presented at the 5th annual meeting of the Pan European Federation (PEF) of the International Association for Dental Research, Dublin, Ireland.
- Perry, B.L., Cohen, E., Steinberg, H.R., Pilkey, D.T., Carbone, M., Cooney, J.L., Litt, M.D., Oncken, C.A., & Cooney, N.L. (February, 2007). Alcohol Dependence Severity and Cigarette Craving in Patients Seeking Concurrent Alcohol and Tobacco Treatment. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Austin, TX.
- Cooney, N.L., Cooney, J.L., Perry, B.L., Carbone, M. Cohen, E., O'Malley, S., Steinberg, H.R., Pilkey, D.T., Sevarino, K. & Litt, M.D. (February, 2008). Smoking cessation during alcohol treatment for alcohol dependent smokers using combination nicotine patch and gum. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
- Litt, M.D., Shafer, D., Tawfik-Yonkers, Z. & Ibanez, C. (March, 2008). Momentary pain and coping in TMD: exploring mechanisms of CB treatment for chronic pain. In R. Motl (Chair), Correlates of Physical Activity and Efficacy of Psychosocial Interventions in Pain Populations. Paper session conducted at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.
- Litt, M.D., Cooney, J.L., Perry, B.L., Carbone, M. Cohen, E., Steinberg, H.R., Pilkey, D.T., Sevarino, K. & Cooney, N.L. (June 2008). Combination nicotine patch and gum during alcohol treatment for alcohol dependent smokers: mediators of effects on time to smoking relapse. In S. O'Malley (Chair), Effects of Smoking Interventions on Alcohol Drinking: Preclinical Though Public Policy Investigations. Symposium presented at the annual meeting of the Research Society on Alcoholism, Washington, DC.
- Litt, M.D., Shafer, D., Ibanez, C. & Tawfik-Yonkers, Z. (July 2008). Brief cognitive-behavioral treatment for TMD pain: Initial results. In A. Koerber and M. M. Litt (Chairs), Psychosocial and Behavioral Issues in Oral Health. Symposium presented at the annual meeting of the International Association for Dental Research, Toronto, CA.

(Paper Presentations, cont.)

- Litt, M.D., Kadden, R., Kabela-Cormier, E. & Petry, N. (August 2008). Mechanisms of Treatments for Marijuana Dependence. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Litt, M.D., Cooney, N.L., Cooney, J.L., Perry, B., Carbone, M., Cohen, E., Steinberg, H. & Pilkey, D. (August 2008). Drinking and Other Determinants of Continued Smoking During Treatment in Alcoholic Smokers. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Litt, M.D., Kadden, R., Kabela-Cormier, E. (June 2009). Individualized Assessment and Treatment Program for Alcohol Dependence (IATP): Results of a Pilot Study to Train Coping Skills. Poster presented at the annual meeting of the Research Society on Alcoholism, San Diego, CA.
- Cooney, N.L., Cooney, J.L., Steinberg, H.R., Pilkey, D.T., Sevarino, K.A., & Litt, M.D. (February 2010). Concurrent Smoking Cessation and Alcohol Treatment: Ecological Momentary Assessment of Alcohol Relapse Risk. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
- Allen, A.M., Litt, M.D., Kenny, A. Allen, S.S. & Oncken, C. (February 2010). Motivation to Engage in Adjunctive Exercise or Relaxation in a Smoking Cessation Program. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
- Litt, M.D. (June 2010). Momentary measurement of coping: Mechanisms of treatment for pain and substance abuse. In open paper session, Therapy process and Context. Oral presentation at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Litt, M., Kreutzer, D. & Shafer, D. (July 2010). Inflammatory Mediators of Cognitive-Behavioral Treatment in TMD Pain. In J.M. Armfield and J. Clovis (Chairs), Pain and Anxiety. Oral paper session presented at the annual meeting of the International Association for Dental Research, Barcelona, Spain.
- Arias, A.J., Feinn, R., Kranzler, H.R., Litt, M., Covault, J., Sofuoglu, M. & Oncken, C. (February 2011). Topiramate for smoking cessation: a randomized placebo controlled pilot study. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Toronto, Ontario, Canada.
- Litt, M.D. (March 2011). Testing How and Why Interventions Work: Examples From Chronic Pain. In M. Riddle (Chair), Three Essential Principles in Behavioral and Social Intervention Research. Symposium conducted at the annual meeting of the International Association for Dental Research, San Diego, CA, USA.
- Cooney, N.L., Holt, L.J. & Litt, M.D. (June 2011). Prospective analysis of early lapse to drinking and smoking among individuals in concurrent alcohol and tobacco treatment. Poster presented at the annual meeting of the Research Society on Alcoholism, Atlanta, GA.
- Cooney, N., Cooney, J., Kranitz, L., Levy, L., Litt, M., Pilkey, D., Sackler, H., & Sevarino, K. (March, 2012). Alcohol treatment with concurrent versus delayed smoking cessation: Treatment participation and initial smoking abstinence. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
- Litt, M.D. (March 2013). Contingency management and self-efficacy enhancement in marijuana treatment. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Litt, M.D. (May 2013). The role of inflammation in cognitive-behavioral treatment for TMD pain. Poster presented at the annual meeting of the American Pain Society, New Orleans, LA.
- Wu, Z., Holzer, C., Grady, J., Litt, M., Tennen, H. Oncken, C. & Wu, R. (Nov 2013). Time course of stress and illicit drug use among low income women from pre-pregnancy to postpartum. Poster presented at the 141st Annual Meeting and Exposition of the American Public Health Association, Boston, MA.
- Litt, M.D. (April 2014). Determinants of pain treatment response and non-response: Identification of TMD patient subgroups. Poster presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- Litt, M.D. & Kadden, R.M. (June 2014). Network support treatment for alcohol dependence: differential effectiveness for men and women. Poster presented at the annual meeting of the Research Society on Alcoholism, Bellevue, WA.
- Litt, M.D. (April 2015). Concurrent v. delayed smoking cessation for alcohol-dependent smokers: effects on drinking and risk. In B. Spring (Chair), Multiple health risk behavioral interventions: simultaneous or sequential and for which behaviors? Symposium conducted at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX, USA.
- Litt, M.D. & Kadden, R.M. (April 2015). Self-Efficacy in Marijuana Treatment Outcome: Coping Skills as Mediators. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX, USA.

(Paper Presentations, cont.)

- Litt, M.D., Kadden, R.M. & Kabela-Cormier, E. (June 2016). Network Support II: Randomized Controlled Trial of Network Support Treatment and Cognitive Behavioral Therapy For Alcohol Use Disorder. Poster presented at the annual meeting of the Research Society on Alcoholism, New Orleans, LA.
- Glennon, S.-G., Litt, M.D., & Duffy, V. (April 2016). Olfactory but not taste dysfunction among chronic smokers: baseline results from an e-cigarette intervention. Poster presented at the annual meeting of the Association for Chemoreception Sciences, Bonita Springs, FL.
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- Mead, E.L., Duffy, V.B., Oncken, C., & Litt, M.D. (2019). E-cigarette palatability in smokers as a function of flavorings, nicotine content and taste sensitivity phenotype. *Addictive Behaviors*, 91, 37-44. NIHMSID1514326. PMID: PMC6358501 PMID: 30470456
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- Litt, M.D., Kadden, R.M., Tennen, H. & Petry, N. (2020). Individualized assessment and treatment program (IATP) for cannabis use disorder: randomized controlled trial with and without contingency management. *Psychology of Addictive Behaviors*, 34 (1), 40-51. NIHMSID 1037548
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- Taneja, N. & Litt, M.D. (2020). Caregivers' barriers to dental care for children with autism spectrum disorders. *Journal of Dentistry for Children*, 87, 98-102..
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- Wakefield, E., Puhl, R., Litt, M.D. & Zempsky, W. (2021). "If it ever really hurts, I try not to let them know:" the use of concealment as a coping strategy among adolescents with chronic pain. *Frontiers in Psychology*. 12, Article 666275
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- Armeli, S., Litt, M. & Tennen, H. (2021). A Daily Level Analysis of Drinking to Cope and Interpersonal Stress. *Addictive Behaviors*, 122, Article 107030.

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- Wakefield, E.O., Litt, M.D., Puhl, R., Belamkar, V. & Zempsky, W. (in press). "There is nothing wrong with you": conceptualizing pain-related stigma in adolescents with chronic pain using focus groups. *Journal of Pediatric Psychology*.
- Litt, M.D., Kadden, R.M., Tennen, H. & Hennessy, E. (in press). Daily drinking and social network interactions in network support treatment. *Psychology of Addictive Behaviors*. NIMHSID: 1753951 PMID: 34914409 DOI: 10.1037/adb0000797
- Mead-Morse, E.L., Cassidy, R.N., Oncken, C., Tidey, J.W., Delnevo, C.D., & Litt, M.D. (submitted). Validity of a little cigars/cigarillos purchase task in dual users of cigars and cigarettes, *Addiction*.

Research SupportGRANTS RECEIVED (M. Litt, PI)

1990 Coping with Oral Surgery. UCHC Research Activities Council (HCRAC). \$35,000

1991-1994 Coping with Oral Surgery: Cognitive-Behavioral Aspects. I. NIDR R01 DE09211 TDC: \$278,000.

1994-1997 Coping with Oral Surgery: Cognitive-Behavioral Aspects. II. NIDR R01 DE09211 TDC: \$294,000.

1997 Field Study of Craving in Treated Alcoholics. UConn Alcohol Research Center (P50 AA03510; PI: Hesselbrock) Pilot Project: \$28,000

1997 Field Study of Smoking Cessation in Alcoholism Treatment: NIAAA R01 AA11197 (w/ N. Cooney) TDC: \$878,000

1998-1999 Mechanisms of Action in TMD Treatment. HCRAC, GCRC, DCRC. TDC: \$68,000.

2002-2008 Network and Contingency Management for Alcohol Dependence. NIAAA R01 AA12827 TDC: \$1,674,523

2003-2009 CJ-DATS: Programs for Newly Released Substance Abusing Inmates. NIDA 1U01 DA161941 TDC: \$300,000

2003-2010 Brief Focused Treatment for TMD: Mechanisms of Action. NIDCR R01 DE 14607 TDC: \$1,288,606

2005-2009 Individual Assessment and Treatment for Alcoholism. NIAAA R21 AA 014202 TDC: \$300,000

2006 – 2012 Contingency Management for Marijuana Dependence. NIDA 5R01DA012728 TDC: \$2,813,797

2002-2013 Combination Nicotine Replacement for Alcoholic Smokers. NIAAA R01 AA11197 (w/ N. Cooney) TDC: \$449,330

2009 – 2014 Network Support for Alcohol Dependence: Mechanisms and Effectiveness. NIAAA R01-AA012827 TDC \$3,355,261

2013 – 2019 Individualized Assessment and Treatment for Marijuana Dependence: Treatment Mechanisms. NIDA R01-DA012728-11 TDC \$411,087

2013 – 2019 Taste, Preferences, and Behavior: Effects of Nicotine and Flavorings in Electronic Cigarettes. NIDA R01- DA036492

2016 - 2021 Individualized Assessment and Treatment Program for Alcoholism NIAAA R01-AA024729 Yr. 1 TDC \$498,475

2020 – 2025 Individualized Assessment and Treatment Program for TMD NIDCR R01DE028520 TDC Yr 1 \$480,657

Other Support**Litt, Mark D.**ACTIVE

1R01AA024729-01 (Litt) 08/01/2016 - 07/31/2022 1.8

Calendar

NIH/NIAAA \$379,799

Individualized Assessment and Treatment Program for Alcoholism: Treatment and Mechanisms

The major goal of this study is to test optimal cognitive-behavioral treatment for alcohol dependence using in-vivo data to direct individualized treatment.

1 R01 CA207491 (Oncken) 06/16/17-05/31/22 0.6 Calendar

NIH/NCI

\$495,692

Electronic Cigarette Use During Pregnancy

The major goal of this study is to evaluate the use of e-cigarettes among pregnant women smokers.

1P50 AA027055-01 (Hesselbrock) 12/01/2018-11/30/2023 3.24 Calendar

NIH/NIAAA

\$1,113,792

Etiology and Treatment of Alcohol Dependence

The goal of the Alcohol Research Center is to conduct studies of the etiology of drinking behavior and associated conditions, including alcohol dependence, conduct studies of novel behavioral and pharmacological treatments of alcohol dependence and heavy drinking, conduct pilot studies consistent with the Center's theme and provide educational opportunities to undergraduate, graduate, post-doctoral and fellows interested in alcohol studies.

1 U01 DE028520-01A1 (Litt) 02/11/2020 – 01/31/2025 2.4 Calendar

NIDCR

Year 1 TDC: \$499,217

Individualized Assessment and Treatment Program for TMD: Enhancing Coping

Study to test optimal cognitive-behavioral treatment for chronic TMD pain using in-vivo data to direct individualized treatment.

Overlap: None

COMPLETED

R01-DA012728-11 (Litt) 03/01/2013 – 02/28/2019 3.6 calendar

NIDA

Year 1 TDC: \$411,087

Individualized Assessment and Treatment for Marijuana Dependence: Treatment Mechanisms

Development of a new highly individualized treatment for marijuana dependence.

Overlap: None

R01 DA036492 (Litt) 9/30/2013 – 08/31/2019 1.8 calendar

NIDA

Year 1 TDC: \$413,565

Taste, Preferences, and Behavior: Effects of Nicotine and Flavorings in Electronic Cigarettes

Laboratory and in-vivo studies in cigarette smokers of the determinants of e-cigarette use, and their subsequent effects on cigarette smoking. Information obtained will have implications for the use of nicotine and flavorings in e-cigarettes and other alternative smoking products.

PENDING

1 R01 AA028208-01 (Litt) 4/01/2022 – 3/31/2027 1.8 Calendar

NIH/NIAAA

\$2,438,374

Randomized Clinical Trial of Group Network Support Treatment for Alcohol Use Disorder:

Stress Regulation as a Mechanism of Treatment

Extension of Network Support Treatment to group setting, with additional exploration of stress reduction as a mechanism of treatment.